



ANTIPASTO CHOPPED SALAD

romaine lettuce, capicola ham, genoa salami, pepperoncini, artichoke hearts, black olives, mozzarella & parmesan cheeses

Nutrition Facts

Serv. Size: 1 Salad (407g)

Amt Per Serving: Calories 540, Fat Cal 380, Total Fat 43g (66% DV), Sat. Fat 11g (55% DV), Trans Fat 0g, Cholest. 45mg (15% DV), Sodium 1940mg (81% DV), Total Carb. 22g (7% DV), Fiber 7g (28% DV), Sugar 9g, Protein 22g, Vitamin A (220% DV), Vitamin C (60% DV), Calcium (35% DV), Iron (25% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Chopped Romaine Lettuce, HVR Balsamic Vinaigrette (Soybean Oil, Water, Balsamic Vinegar, Sugar, Red Wine Vinegar, Extra Virgin Olive Oil, Mustard Seed, Distilled Vinegar, Salt, White Wine, Citric Acid, Tartaric Acid and Spices, Garlic Juice, Spice, Xanthan Gum, Sodium Benzoate and Potassium Sorbate, Shallots, Propylene Glycol Alginate, Calcium Disodium EDTA.), Plum Tomatoes, Fresh, Sliced Black Olives (Ripe Olives, Water, Salt, Ferrous Gluconate.), Cucumbers, Fresh, Artichoke Hearts (Artichokes, Water, Salt, Citric Acid.), Capicola Ham (Pork, paprika, water, salt, sugar, dextrose, corn syrup, sodium phosphates, sodium lactate, sodium diacetate, sodium erythorbate, sodium nitrite.), Genoa Salami (Pork, beef, salt, corn syrup, dextrose, sugar, wine, sodium erythorbate, sodium nitrate, flavorings, spices, garlic, lactic acid starter culture, sodium nitrite.), Part Skim Mozzarella Cheese (Pasteurized Part-Skim Milk, Cheese Culture, Salt And Enzymes), Pepperoncini, Shredded Parmesan Cheese (Part-Skim Milk, Cheese Culture, Salt, Enzymes, Powdered Cellulose.), Red Onions, Fresh

Contains milk, soy beans, mustard

BLACKENED STEAKHOUSE SALAD

blackened steak, bacon, blue and parmesan cheeses, grape tomatoes, house-made croutons on romaine.

Nutrition Facts

Serv. Size: 1 Salad (375g)

Amt Per Serving: Calories 780, Fat Cal 570, Total Fat 64g (98% DV), Sat. Fat 19g (95% DV), Trans Fat .5g, Cholest. 105mg (35% DV), Sodium 1980mg (83% DV), Total Carb. 24g (8% DV), Fiber 5g (20% DV), Sugar 4g, Protein 31g, Vitamin A (220% DV), Vitamin C (25% DV), Calcium (30% DV), Iron (25% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.



INGREDIENTS: Romaine Lettuce, Blackened Flank Steak (Flank Steak, Raw (Beef.), Canola Oil (Canola Oil.), Cajun Seasoning (Garlic, Salt, Onion, Paprika, Oregano, White Pepper, Red Pepper, and Spice, Oregano and Celery Seed.)), HVR Robusto Caesar Salad Dressing (Soybean Oil, Water, Distilled Vinegar, Cultured Milk, Salt, Cultured Milk, Salt, Enzymes, Egg Yolks, Cultured Milk, Salt, Enzymes, Extra Virgin Olive Oil, Salt, Food Starch-Modified, Lemon Juice Concentrate, Garlic, Xanthan Gum, Polysorbate 60, Sodium Benzoate, Monosodium Glutamate, Pureed Anchovies, Caramel Color, Onion, Calcium Disodium EDTA), Red Grape Tomatoes, Blue Cheese (Cultured milk, salt, enzymes.), French Bread Croutons (French Bread, Margarine (Palm Oil, Water, Salt, Nonfat Dry Milk Solids, Soy Lecithin, Vegetable Mono and Diglycerides, Sodium Benzoate, Citric Acid, Beta Carotene), Granulated Garlic (Garlic.), Salt (Salt.), Onion Powder (Onion.), Oregano Leaves, Dried (Oregano.), Table Ground Black Pepper (Black Peppercorns.)), Crisp Bacon Slice (Bacon, 22-26ct/#, Raw (Fresh Pork Bellies, Water, Salt, Sugar, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite.)), Lemons, 165ct, Shredded Parmesan Cheese (Part-Skim Milk, Cheese Culture, Salt, Enzymes, Powdered Cellulose.)

Contains milk, eggs, fish, wheat, soy beans, gluten, MSG

BUFFALO CHICKEN SALAD

crispy buffalo chicken, cheddar cheese, carrot, celery, tomatoes, cucumbers and croutons served on a bed of mixed greens

Nutrition Facts

Serv. Size: 1 Salad (315g)

Amt Per Serving: Calories 270, Fat Cal 120, Total Fat 13g (20% DV), Sat. Fat 4g (20% DV), Trans Fat 0g, Cholest. 25mg (8% DV), Sodium 1130mg (47% DV), Total Carb. 27g (9% DV), Fiber 5g (20% DV), Sugar 6g, Protein 13g, Vitamin A (290% DV), Vitamin C (25% DV), Calcium (20% DV), Iron (15% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Romaine & Leaf Lettuce Mix, BRD Southern Chicken TEND Fritters, Raw (Chicken Breast, Water, Wheat Flour, Salt, Sodium Phosphates. BREADER: Wheat Flour, Sodium Bicarbonate, Sodium Aluminum Phosphate, Monocalcium Phosphate, Maltodextrin, Autolyzed Yeast Extract, Torula Yeast, Green Bell Pepper, Calcium Carbonate, Guar Gum, Modified Cream, Partially Hydrogenated Soybean Oil, Cream, Powdered Buttermilk, Corn Syrup Solids, Sodium Caseinate, Annatto And Turmeric, Wheat Gluten, Egg Whites, Salt. Breading Set In Vegetable Oil.), Tomatoes, Fresh, Cucumbers, Fresh, Bias Cut Celery, Frank's Red Hot Cayenne Pepper Sauce (Aged Cayenne Red Peppers, Vinegar, Water, Salt, and Garlic Powder.), Shredded Carrots, Shredded Cheddar Cheese (Pasteurized milk, cheese culture, salt, enzymes and annatto, Potato Cellulose), Seasoned Croutons (Wheat Flour, Malted Barley Flour, Canola And/Or Sunflower Oil, Whey, Salt, Yeast, High Fructose Corn Syrup, Sugar, Dehydrated Parsley, Onion Powder, Calcium Propionate , Paprika, Sodium Stearoyl Lactylate, Turmeric, Paprika ,



Calcium Sulfate, Ascorbic Acid, Tbhq), Deep Fat Frying Oil (Canola Oil, TBHQ, Citric Acid, Dimethylpolysiloxane.)

Contains milk, eggs, wheat, soy beans, gluten

CAESAR SIDE SALAD

parmesan cheese & croutons over romaine lettuce

Nutrition Facts

Serv. Size: 1 Salad (55g)

Amt Per Serving: Calories 60, Fat Cal 20, Total Fat 2.5g (4% DV), Sat. Fat 1g (5% DV), Trans Fat 0g, Cholest. < 5mg (1% DV), Sodium 180mg (8% DV), Total Carb. 6g (2% DV), Fiber 1g (4% DV), Sugar 1g, Protein 3g, Vitamin A (80% DV), Vitamin C (2% DV), Calcium (8% DV), Iron (2% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Chopped Romaine Lettuce, Seasoned Croutons (Wheat Flour, Malted Barley Flour, Canola And/Or Sunflower Oil, Whey, Salt, Yeast, High Fructose Corn Syrup, Sugar, Dehydrated Parsley, Onion Powder, Calcium Propionate, Paprika, Sodium Stearoyl Lactylate, Turmeric, Extractive Of Paprika, Calcium Sulfate, Ascorbic Acid, Tbhq), Shredded Parmesan Cheese (Part-Skim Milk, Cheese Culture, Salt, Enzymes, Powdered Cellulose.)

Contains milk, wheat, gluten

CHICKEN CAESAR SALAD

grilled chicken, parmesan cheese & croutons with romaine lettuce

Nutrition Facts

Serv. Size: 1 Salad (32 oz) (230g)

Amt Per Serving: Calories 190, Fat Cal 45, Total Fat 5g (8% DV), Sat. Fat 2g (10% DV), Trans Fat 0g, Cholest. 50mg (17% DV), Sodium 770mg (32% DV), Total Carb. 13g (4% DV), Fiber 3g (12% DV), Sugar 3g, Protein 24g, Vitamin A (220% DV), Vitamin C (10% DV), Calcium (20% DV), Iron (10% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Chopped Romaine Lettuce, Oven Roasted Chicken Breast Strips (Chicken Breast Meat With Rib Meat, Water, Salt, Maltodextrin, Partially Hydrogenated Soybean And Cottonseed Oil, Modified Corn Starch, Corn Syrup Solids, Modified Food Starch, Dehydrated Chicken Broth, Chicken Fat, Dextrose, Sodium Phosphates, Carrageenan, Soy Protein Concentrate.), Shredded Parmesan Cheese



(Part-Skim Milk, Cheese Culture, Salt, Enzymes, Powdered Cellulose.), Seasoned Croutons (Wheat Flour, Malted Barley Flour, Canola And/Or Sunflower Oil, Whey, Salt, Yeast, High Fructose Corn Syrup, Sugar, Dehydrated Parsley, Onion Powder, Calcium Propionate, Paprika, Sodium Stearoyl Lactylate, Turmeric, Extractive Of Paprika, Calcium Sulfate, Ascorbic Acid, Tbhq)

Contains milk, wheat, soy beans, gluten

CLASSIC CHEF SALAD

a scrumptious salad including ham, turkey, american & swiss cheese served over mixed greens

Nutrition Facts

Serv. Size: 1 Salad (292g)

Amt Per Serving: Calories 250, Fat Cal 130, Total Fat 14g (22% DV), Sat. Fat 7g (35% DV), Trans Fat 0g, Cholest. 145mg (48% DV), Sodium 730mg (30% DV), Total Carb. 10g (3% DV), Fiber 4g (16% DV), Sugar 4g, Protein 21g, Vitamin A (240% DV), Vitamin C (15% DV), Calcium (30% DV), Iron (15% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Romaine & Leaf Lettuce Mix, Tomatoes, Fresh, Oven Roasted Turkey Breast (Turkey Breast Meat, Turkey Broth, Contains 2% or less of Salt, Modified Food Starch, Sugar, Carrageenan, Sodium Phosphate, Flavoring), Smoked, BNLS, Water Added, 96%FF LS Ham (Fresh Pork Hams, cured with Water, Dextrose, Salt, Potassium Chloride, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite), Hard Cooked Eggs (Hard Cooked Eggs, Water, Citric Acid, Sodium Benzoate (as a preservative)), Sliced Black Olives (Ripe Olives, Water, Salt, Ferrous gluconate), Swiss Cheese (Swiss (Pasteurized part-skim milk, cheese culture, salt and enzymes)), Mild Cheddar Cheese (Ched Mild 680's (Pasteurized milk, cheese culture, salt, enzymes and annatto (vegetable color)-if colored)), Cucumbers, Fresh

Contains milk, eggs

COBB SALAD

mixed greens tossed with chicken, avocado, egg, black olives, bacon and blue cheese dressing

Nutrition Facts

Serv. Size: 1 Salad (384g)

Amt Per Serving: Calories 560, Fat Cal 380, Total Fat 42g (65% DV), Sat. Fat 9g (45% DV), Trans Fat 0g, Cholest. 135mg (45% DV), Sodium 1020mg (43% DV), Total Carb. 24g (8% DV), Fiber 5g (20% DV), Sugar



8g, Protein 23g, Vitamin A (130% DV), Vitamin C (20% DV), Calcium (15% DV), Iron (15% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Greens Matrix (Rom, Ice, Red Leaf) CONV (Iceberg Lettuce, Romaine Lettuce, Red Leaf Lettuce), HVR Chunky Blue Cheese Dressing (Soybean Oil, Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Calcium Chloride, Cultured Pasteurized Skim Milk and Milk, Sodium Citrate, Water, High Fructose Corn Syrup, Egg Yolks, Distilled Vinegar, Cider Vinegar, Corn Vinegar, Sugar, Phosphoric Acid, Xanthan Gum, Propylene Glycol Alginate, Sodium Benzoate and Potassium Sorbate, Caramel Color, Calcium Disodium EDTA, OPA Carotenal.), Grilled Chicken Strips (CHICK Breast, BNLS,SKNLS,Raw,Random,MED (Ice Glazed Boneless Skinless Chicken Breast Fillets with Rib Meat.), Olive Oil (Olive Oil.), Garlic, Fresh, Ground Black Pepper (HC) (Black Peppercorns.)), Red Grape Tomatoes, Sliced Black Olives (Ripe Olives, Water, Salt, Ferrous Gluconate.), Hard Cooked Eggs (Hard Cooked Eggs, Water, Citric Acid, Sodium Benzoate), Seasoned Homestyle Croutons (Wheat Flour, Malted Barley Flour, Canola And/Or Sunflower Oil, Whey, Salt, Yeast, High Fructose Corn Syrup, Sugar, Dehydrated Parsley, Onion Powder, Calcium Propionate, Paprika, Sodium Stearoyl Lactylate, Calcium Sulfate, Turmeric, Paprika, Ascorbic Acid, Tbhq), Corn, Frozen (Corn.), Avocado, Fresh, Crisp Bacon Strip (Bacon, 22-26ct/#, Raw (Fresh Pork Bellies, Water, Salt, Sugar, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite.))

Contains milk, eggs, wheat, soy beans, gluten

FIESTA MEXICAN SALAD

mixed greens with avocado chunks, roast turkey, red pepper, cheddar-jack cheese, black beans and salsa.

Nutrition Facts

Serv. Size: 1 Salad (427g)

Amt Per Serving: Calories 460, Fat Cal 270, Total Fat 30g (46% DV), Sat. Fat 13g (65% DV), Trans Fat 0g, Cholest. 80mg (27% DV), Sodium 1610mg (67% DV), Total Carb. 26g (9% DV), Fiber 8g (32% DV), Sugar 8g, Protein 27g, Vitamin A (130% DV), Vitamin C (80% DV), Calcium (50% DV), Iron (15% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Romaine, Iceberg & Mesclun (Iceberg Lettuce, Romaine Lettuce, Mesclun), Chipotle Ranch Dressing (HVR Original Light Ranch Dressing (Water, Cultured Pasteurized Skim Milk and Milk, Sodium Citrate, Salt, Corn Syrup, Soybean Oil, Food Starch-Modified, Monosodium Glutamate, Sugar, Dried Garlic, Dried Onion, Whey Protein Concentrate, Corn Syrup, Spices, Xanthan Gum, Sorbic Acid and Calcium Disodium EDTA, Citric Acid, Calcium Stearate, Distilled Vinegar, Egg Yolks, Cultured Buttermilk Solids, Whey Solids, Phosphoric Acid, Sodium Benzoate and Potassium Sorbate, Propylene



Glycol Alginate, Xanthan Gum, Calcium Disodium EDTA), Fresh Lime Juice, Chipotle Peppers in Adobo Sauce, Canned (Red Jalapeno Peppers, Water, Vinegar, Sugar, Salt, Tomato Paste, Smoke Essence, Onion, Potassium Sorbate, Garlic.), Cilantro Leaves, Fresh), Cheddar Jack Cheese (Pasteurized milk, cheese culture, salt, enzymes, annatto, Potato Cellulose), Oven Roasted Turkey Breast (Turkey Breast Meat, Turkey Broth, Salt, Modified Food Starch, Sugar, Carrageenan, Sodium Phosphate, Flavoring.), Salsa Cruda (Tomatoes, Fresh, Red Onions, Fresh, Fresh Lime Juice, Cilantro Leaves, Fresh, Jalapeno Peppers, Fresh, Ground Black Pepper (HC) (Black Peppercorns.)), Jicama, Fresh, Avocado, Fresh, Black Beans (Black Beans, Water, Sugar, Salt, Calcium Chloride, Ferrous Gluconate.), Red Peppers, Fresh

Contains milk, eggs, soy beans, gluten, MSG

FRESH BERRY SALAD

strawberries and spinach tossed with blueberries, mandarin oranges, almonds, and red onions in sweet poppyseed dressing

Nutrition Facts

Serv. Size: 1 Salad (318g)

Amt Per Serving: Calories 440, Fat Cal 230, Total Fat 25g (38% DV), Sat. Fat 3.5g (18% DV), Trans Fat 0g, Cholest. 0mg (0% DV), Sodium 370mg (15% DV), Total Carb. 53g (18% DV), Fiber 6g (24% DV), Sugar 42g, Protein 7g, Vitamin A (170% DV), Vitamin C (110% DV), Calcium (15% DV), Iron (20% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Baby Spinach, Honey Poppy Seed Balsamic Dressing (HVR Balsamic Vinaigrette (Soybean Oil, Water, Balsamic Vinegar, Sugar, Red Wine Vinegar, Extra Virgin Olive Oil, Mustard Seed, Distilled Vinegar, Salt, White Wine, Citric Acid, Tartaric Acid and Spices, Garlic Juice, Spice, Xanthan Gum, Sodium Benzoate and Potassium Sorbate, Shallots, Propylene Glycol Alginate, Calcium Disodium EDTA.), Honey (Honey.), Poppy Seed (Poppy Seeds.)), Fresh Blueberries, Fresh Whole Strawberries, Red Onions, Fresh, Mandarin Orange Sections (Mandarin Orange Segments, Mandarin Orange Juice), Sliced Blanched Almonds (Almonds.)

Contains tree nuts, soy beans, mustard

GARDEN SALAD

mixed greens with fresh roma tomato, cucumber, carrots, sweet bell pepper and black olives, with your choice of dressing



Nutrition Facts

Serv. Size: 1 Salad (32 oz) (346g)

Amt Per Serving: Calories 80, Fat Cal 20, Total Fat 2g (3% DV), Sat. Fat 0g (0% DV), Trans Fat 0g, Cholest. 0mg (0% DV), Sodium 140mg (6% DV), Total Carb. 14g (5% DV), Fiber 5g (20% DV), Sugar 7g, Protein 3g, Vitamin A (230% DV), Vitamin C (120% DV), Calcium (8% DV), Iron (10% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Chopped Iceberg Lettuce, Chopped Romaine Lettuce, Plum Tomatoes, Fresh, Carrots, Fresh, Cucumbers, Fresh, Red Peppers, Fresh, Green Peppers, Fresh, Red Onions, Fresh, Spring Lettuce Mix, Sliced Black Olives (Ripe Olives, Water, Salt, Ferrous Gluconate.)

GARDEN SIDE SALAD

tomatoes, cucumbers, cheddar & olives over mixed greens

Nutrition Facts

Serv. Size: 1 Salad (12 oz) (110g)

Amt Per Serving: Calories 60, Fat Cal 40, Total Fat 4g (6% DV), Sat. Fat 1.5g (8% DV), Trans Fat 0g, Cholest. 5mg (2% DV), Sodium 170mg (7% DV), Total Carb. 5g (2% DV), Fiber 2g (8% DV), Sugar 2g, Protein 3g, Vitamin A (130% DV), Vitamin C (8% DV), Calcium (8% DV), Iron (6% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Romaine & Leaf Lettuce Mix, Tomatoes, Fresh, Sliced Black Olives (Ripe Olives, Water, Salt, Ferrous Gluconate.), Shredded Cheddar Cheese (Pasteurized milk, cheese culture, salt, enzymes and annatto, Potato Cellulose), Cucumbers, Fresh, Shredded Carrots

Contains milk

GREEK SALAD

feta, onions, tomatoes & olives over romaine lettuce

Nutrition Facts

Serv. Size: 1 Salad (32 oz) (298g)

Amt Per Serving: Calories 150, Fat Cal 90, Total Fat 10g (15% DV), Sat. Fat 4.5g (23% DV), Trans Fat 0g, Cholest. 25mg (8% DV), Sodium 550mg (23% DV), Total Carb. 11g (4% DV), Fiber 5g (20% DV), Sugar 5g,



Protein 7g, Vitamin A (240% DV), Vitamin C (25% DV), Calcium (20% DV), Iron (15% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Chopped Romaine Lettuce, Tomatoes, Fresh, Sliced Black Olives (Ripe Olives, Water, Salt, Ferrous Gluconate.), Feta Cheese (Pasteurized Cow's Milk & Skim Milk, Salt, Vegetable Coagulant.), Red Onions, Fresh, Salad Dressing PC- Customer's Choice (Newman's Own Creamy Italian Dressing (Water, Soybean Oil and/or Canola Oil, Distilled Vinegar, Sugar, Salt, Garlic, Xanthan Gum, Egg Yolk, Bell Pepper, Onion.), Newman's Own Ranch Dressing (Soybean Oil and/or Canola Oil, Buttermilk, Water, Distilled Vinegar, Sugar, Egg Yolk, Salt, Garlic, Onion, Lactic Acid, Xanthan Gum, Lemon Juice Concentrate, Chives), Newman's Own Balsamic Vinaigrette (Canola Oil and/or Soybean Oil, Extra Virgin Olive Oil, Water, Balsamic Vinegar, Salt, Sugar, Garlic, Distilled Vinegar, Spice, Xanthan Gum, Onion, Red Bell Pepper, Paprika.), Newman's Own Blue Cheese Dressing (Soybean Oil, Water, Pasteurized milk, salt, culture, penicillium roquefortii, Distilled Vinegar, Egg Yolk, Sugar, Salt, Xanthan Gum, Yeast Extract, Lactic Acid, Garlic Powder, Citric Acid.), Newman's Own Caesar Dressing (Soybean Oil, Water, Distilled Vinegar, Egg Yolks, Salt, Distilled Vinegar, Molasses, Corn Syrup, Water, Caramel Color, Garlic Powder, Sugar, Anchovies, Tamarind, Pasteurized Milk, Cheese Cultures, Salt, Lemon Juice Concentrate, Olive Oil, Mustard Flour, Garlic Powder, Onion Powder, Xanthan Gum.))

Contains milk, eggs, fish, soy beans, mustard

MANDARIN CHICKEN SALAD

Nutrition Facts

Serv. Size: 1 Salad (178g)

Amt Per Serving: Calories 220, Fat Cal 110, Total Fat 12g (18% DV), Sat. Fat 1.5g (8% DV), Trans Fat 0g, Cholest. 10mg (3% DV), Sodium 340mg (14% DV), Total Carb. 20g (7% DV), Fiber 3g (12% DV), Sugar 5g, Protein 9g, Vitamin A (160% DV), Vitamin C (25% DV), Calcium (6% DV), Iron (10% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Chopped Romaine Lettuce, BRD Southern Chicken TEND Fritters, Raw (Chicken Breast, Water, Wheat Flour, Salt, Sodium Phosphates. BREADER: Wheat Flour, Sodium Bicarbonate, Sodium Aluminum Phosphate, Monocalcium Phosphate, Maltodextrin, Autolyzed Yeast Extract, Torula Yeast, Green Bell Pepper, Calcium Carbonate, Guar Gum, Modified Cream, Partially Hydrogenated Soybean Oil, Cream, Powdered Buttermilk, Corn Syrup Solids, Sodium Caseinate, Annatto And Turmeric, Wheat Gluten, Egg Whites, Salt. Breeding Set In Vegetable Oil.), Mandarin Orange Sections (Mandarin Orange Segments, Mandarin Orange Juice), Chow Mein Noodles (Flour, Soybean And/Or Cottonseed, Salt, Water, Yeast, Sugar), Sliced Blanched Almonds (Almonds.), Deep Fat Frying Oil (Canola Oil, TBHQ, Citric Acid, Dimethylpolysiloxane.)

Contains milk, eggs, wheat, tree nuts, soy beans, gluten



SIMPLE STEAKHOUSE SALAD

sliced steak, cucumbers, tomatoes, red onions over romaine lettuce

Nutrition Facts

Serv. Size: 1 Salad (293g)

Amt Per Serving: Calories 180, Fat Cal 70, Total Fat 8g (12% DV), Sat. Fat 3g (15% DV), Trans Fat 0g, Cholest. 60mg (20% DV), Sodium 60mg (3% DV), Total Carb. 8g (3% DV), Fiber 4g (16% DV), Sugar 4g, Protein 21g, Vitamin A (230% DV), Vitamin C (20% DV), Calcium (6% DV), Iron (15% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Romaine Lettuce, Roasted Beef Top Round (Beef Top Round, Inside Select, Raw (Beef.)), Tomatoes, Fresh, Cucumbers, Fresh, Red Onions

STRAWBERRY FIELDS SALAD

salad greens topped with grilled chicken, fresh strawberries, mandarin oranges, & almonds, in a honey mustard dressing

Nutrition Facts

Serv. Size: 1 Salad (274g)

Amt Per Serving: Calories 200, Fat Cal 70, Total Fat 7g (11% DV), Sat. Fat 1g (5% DV), Trans Fat 0g, Cholest. 60mg (20% DV), Sodium 65mg (3% DV), Total Carb. 13g (4% DV), Fiber 3g (12% DV), Sugar 8g, Protein 22g, Vitamin A (140% DV), Vitamin C (70% DV), Calcium (6% DV), Iron (8% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Grilled Chicken Strips (CHICK Breast, BNLS,SKNLS,Raw,Random,MED (Ice Glazed Boneless Skinless Chicken Breast Fillets with Rib Meat.), Olive Oil (Olive Oil.), Garlic, Fresh, Ground Black Pepper (HC) (Black Peppercorns.)), Mesclun, Mandarin Orange Sections (Mandarin Orange Segments, Mandarin Orange Juice), Fresh Whole Strawberries, Red Onions, Fresh, Sliced Blanched Almonds (Almonds.)

Contains tree nuts

UPTOWN WALDORF CHICKEN SALAD

mixed lettuce greens w/grilled chicken, grapes, apples, celery, pecans, blue cheese and basil balsamic vinaigrette

Nutrition Facts



Serv. Size: 1 Salad (363g)

Amt Per Serving: Calories 500, Fat Cal 230, Total Fat 25g (38% DV), Sat. Fat 5g (25% DV), Trans Fat 0g, Cholest. 90mg (30% DV), Sodium 520mg (22% DV), Total Carb. 39g (13% DV), Fiber 5g (20% DV), Sugar 33g, Protein 31g, Vitamin A (40% DV), Vitamin C (15% DV), Calcium (15% DV), Iron (10% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Basic Chicken (CHICK Breast, BNLS,SKNLS,Raw,Random,MED (Ice Glazed Boneless Skinless Chicken Breast Fillets with Rib Meat.), Canola Olive Oil Blend, 80:20 (Canola Oil, Extra Virgin Olive Oil.), Balsamic Vinegar (Balsamic Vinegar), Garlic, Fresh, Salt (Salt.), Ground Black Pepper (HC) (Black Peppercorns.)), Greens Mix, Red Seedless Grapes, Low Fat Balsamic Vinaigrette (Water, Sugar, Distilled Vinegar, Balsamic Vinegar, Extra Virgin Olive Oil, Soybean Oil, Caramel Color, Raisin Juice Concentrate, Salt, Distilled Vinegar, Water, Mustard Seed, Salt, White Wine, Citric Acid, Turmeric, Spices, Tartaric Acid, Xanthan Gum, Spice, Citric Acid, Natural Flavor, Potassium Sorbate, Garlic, Titanium Dioxide, Calcium Disodium Edta.), Candied Pecans (Pecan Halves (Pecans.), Granulated Sugar (Sugar.)), Granny Smith Apples, Celery, Fresh, Blue Cheese (Pasteurized milk, cheese culture, salt, enzymes, Powdered Cellulose White)

Contains milk, tree nuts, soy beans, mustard

BBQ CHICKEN SANDWICH

grilled chicken topped with onion tangles and bbq sauce

Nutrition Facts

Serv. Size: 1 Sandwich (174g)

Amt Per Serving: Calories 330, Fat Cal 80, Total Fat 9g (14% DV), Sat. Fat 1.5g (8% DV), Trans Fat 0g, Cholest. 60mg (20% DV), Sodium 520mg (22% DV), Total Carb. 37g (12% DV), Fiber 3g (12% DV), Sugar 8g, Protein 24g, Vitamin A (2% DV), Vitamin C (2% DV), Calcium (6% DV), Iron (10% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Chicken Breast, Boneless, SKNLS, Raw, 4z (Ice Glazed Boneless Skinless Chicken Breast Fillets with Rib Meat.), Hamburger Buns (Wheat Flour, Barley Malt, Water, High Fructose Corn Syrup, Yeast, Soybean Oil, Salt, Monoglycerides, DATEM, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide, Monocalcium Phosphate, Calcium Sulfate, Ammonium Sulfate, Calcium Propionate, Canola Oil, Wheat Starch.), French Fried Onion Tangles (Onion Tangles, Frozen (Onions, Bleached Wheat Flour, Soybean And/Or Canola Oil, Citric Acid, Dextrose, Dried Garlic, Guar Gum, Lactic Acid, Maltodextrin, Modified Food Starch, Natural Flavor, Onion Powder, Salt, Sorbitol, Spice Extractive, Whey, Yellow Corn Flour.), Deep Fat Frying Oil (Canola Oil, TBHQ, Citric Acid, Dimethylpolysiloxane.)), Cattlemen's Original BBQ Sauce (Distilled Vinegar, Tomato Paste, High Fructose Corn Syrup, Water, Corn



Syrup, Salt, Mustard Bran, Molasses, Spices, Onion Powder, Sodium Benzoate, Garlic Powder, Caramel Color, Sugar, and Natural Flavor.)

Contains milk, wheat, soy beans, gluten, mustard

BBQ PULLED PORK SLIDERS

mini pulled pork sandwiches with bbq sauce

Nutrition Facts

Serv. Size: 1 Sandwich (130g)

Amt Per Serving: Calories 320, Fat Cal 100, Total Fat 11g (17% DV), Sat. Fat 4g (20% DV), Trans Fat 0g, Cholest. 55mg (18% DV), Sodium 690mg (29% DV), Total Carb. 34g (11% DV), Fiber 3g (12% DV), Sugar 5g, Protein 20g, Vitamin A (4% DV), Vitamin C (10% DV), Calcium (6% DV), Iron (20% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Smoked Pulled Pork (Pork, Salt, Spices, Sugar, Garlic Powder, Paprika, Onion Powder, Native Food Starch, Turmeric, Natural Hickory Smoke Flavor, Extractive of Paprika, Extractive of Spice.), Petite Pan Dinner Rolls (Flour, Water, Yeast, Salt, Dextrose, Malted Barley Flour, Calcium Sulfate, DATEM, Ascorbic Acid, Enzyme. Whole Wheat Flour, Flaxseed, Millet Seeds, Sun flower Seeds, Yeast, Cracked Wheat, Oats, Sugar, Wheat Gluten, Canola and/or Soybean Oil, DATEM, Calcium Sulfate, Dextrose, Malted Barley Flour, Caramel Color. Calcium Carbonate, Ascorbic Acid, Enzyme, Water, Dehydrated Onions, Yeast, Poppy Seeds, Dextrose, Canola Oil, Malted Barley Flour, Spices, Calcium Sulfate, DATEM, Ascorbic Acid, Enzyme.), Cattlemen's Original BBQ Sauce (Distilled Vinegar, Tomato Paste, High Fructose Corn Syrup, Water, Corn Syrup, Salt, Mustard Bran, Molasses, Spices, Onion Powder, Sodium Benzoate, Garlic Powder, Caramel Color, Sugar, and Natural Flavor.)

Contains wheat, soy beans, gluten, mustard

BLT SANDWICH

crispy bacon, lettuce, and tomatoes on toasted bread with mayonnaise

Nutrition Facts

Serv. Size: 1 Sandwich (156g)

Amt Per Serving: Calories 380, Fat Cal 180, Total Fat 20g (31% DV), Sat. Fat 5g (25% DV), Trans Fat 0g, Cholest. 25mg (8% DV), Sodium 710mg (30% DV), Total Carb. 39g (13% DV), Fiber 2g (8% DV), Sugar 4g, Protein 11g, Vitamin A (30% DV), Vitamin C (10% DV), Calcium (6% DV), Iron (15% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.



INGREDIENTS: White Bread (Wheat Flour, Barley Malt, Water, High Fructose Corn Syrup, Yeast, Soybean Oil, Wheat Gluten, Salt, Sodium Stearoyl Lactylate, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide, Monocalcium Phosphate, Calcium Sulfate, Ammonium Sulfate, Soy Lecithin, Calcium Propionate and Potassium Sorbate.), Tomatoes, Fresh, Crisp Bacon Strip (Bacon, 22-26ct/#, Raw (Fresh Pork Bellies, Water, Salt, Sugar, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite.)), Green Leaf Lettuce, Mayonnaise (Soybean Oil, Egg Yolk, Water, Corn Syrup, Distilled Vinegar, Salt, High Fructose Corn Syrup, Mustard Seed, Calcium Disodium EDTA)

Contains eggs, wheat, soy beans, gluten, mustard

BLT SANDWICH & PESTO CHICKEN BREAST

crisp bacon, lettuce, tomato and pesto chicken breast on ciabatta

Nutrition Facts

Serv. Size: 1 Sandwich (234g)

Amt Per Serving: Calories 420, Fat Cal 150, Total Fat 16g (25% DV), Sat. Fat 3.5g (18% DV), Trans Fat 0g, Cholest. 70mg (23% DV), Sodium 660mg (28% DV), Total Carb. 37g (12% DV), Fiber 3g (12% DV), Sugar 8g, Protein 31g, Vitamin A (25% DV), Vitamin C (10% DV), Calcium (8% DV), Iron (15% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Pesto Chicken Breast (CHICK Breast, BNLS,SKNLS,Raw,Random,MED (Ice Glazed Boneless Skinless Chicken Breast Fillets with Rib Meat.), Frozen Basil Pesto Sauce (Basil, Canola Oil, Sheep's Milk, Cultures, Rennet, Salt, Extra Virgin Olive Oil, Pignoli Nuts, Chopped Garlic, Salt, Pine Nut)), Multi Grain Hamburger Buns (Wheat Flour, Barley Malt, Water, Yeast, Cracked Wheat, Brown Sugar, Degermed Yellow Corn Meal, Wheat Gluten, Black Sesame Seed, Molasses, Sunflower Seeds, Pumpnickel Rye Flour, Rolled Oats, Sesame Seeds, Honey, Soybean Oil, Salt, Poppy Seed, Vinegar, Monoglycerides, DATEM, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide, Monocalcium Phosphate, Calcium Sulfate, Ammonium Sulfate.), Tomatoes, Fresh, Roasted Garlic Dijon Mayonnaise (Low Calorie, No Cholesterol Mayonnaise (Water, Soybean Oil, Corn Syrup, Modified Food Starch, Distilled Vinegar, Egg White, Sugar, Salt, Xanthan Gum, Lemon Juice Concentrate, Cellulose Gel and Cellulose Gum, Mustard, Phosphoric Acid, Sorbic Acid and Calcium Disodium EDTA, Polysorbate 60, -Apo-8'-carotenal and Turmeric), Dijon Mustard (Water, Vinegar, Mustard Seed, Salt, White Wine, Fruit Pectin, Citric Acid, Tartaric Acid Sugar), Roasted Garlic Cloves (Garlic, Fresh, Canola Olive Oil Blend, 80:20 (Canola Oil, Extra Virgin Olive Oil.))), Crisp Bacon Strip (Bacon, 22-26ct/#, Raw (Fresh Pork Bellies, Water, Salt, Sugar, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite.)), Green Leaf Lettuce

Contains milk, eggs, wheat, tree nuts, soy beans, gluten, mustard

BREADED FISH SANDWICH



crunchy breaded fish on a toasted roll with lettuce, tomato, and tartar sauce

Nutrition Facts

Serv. Size: 1 Sandwich (220g)

Amt Per Serving: Calories 400, Fat Cal 140, Total Fat 16g (25% DV), Sat. Fat 2g (10% DV), Trans Fat 0g, Cholest. 60mg (20% DV), Sodium 770mg (32% DV), Total Carb. 44g (15% DV), Fiber 2g (8% DV), Sugar 5g, Protein 19g, Vitamin A (20% DV), Vitamin C (10% DV), Calcium (10% DV), Iron (15% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Oven Ready Breaded Pollock Squares (Alaska Pollock, Flour, Pollock Protein, Sugar, Salt, Yeast, Canola Oil, Water, Corn Flour, Corn Starch, Salt, Dextrose, Sodium Acid Pyrophosphate, Sodium Bicarbonate, Onion Powder, Caramel Color, Spice Extractives, Extractives Of Paprika And Annatto, Canola, Cottonseed, And/Or Soybean Oil.), Hamburger Buns (Wheat Flour, Barley Malt, Water, High Fructose Corn Syrup, Yeast, Soybean Oil, Salt, Monoglycerides, DATEM, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide, Monocalcium Phosphate, Calcium Sulfate, Ammonium Sulfate, Calcium Propionate, Canola Oil, Wheat Starch.), Tomatoes, Fresh, Seafood Tartar Sauce (Soybean Oil, Pickled Cucumbers, Water, Distilled Vinegar, Egg Yolk, Salt, Sugar, Onion, Garlic, Xanthan Gum, Potassium Sorbate, Sodium Benzoate and Calcium Disodium EDTA, Natural Flavor.), Green Leaf Lettuce

Contains eggs, fish, wheat, soy beans, gluten

CALIFORNIA CLUB SANDWICH

turkey, bacon, avocado, tomato, lettuce and southwest mayo on focaccia bread

Nutrition Facts

Serv. Size: 1 Sandwich (291g)

Amt Per Serving: Calories 550, Fat Cal 220, Total Fat 24g (37% DV), Sat. Fat 6g (30% DV), Trans Fat 0g, Cholest. 45mg (15% DV), Sodium 1710mg (71% DV), Total Carb. 59g (20% DV), Fiber 4g (16% DV), Sugar 6g, Protein 26g, Vitamin A (20% DV), Vitamin C (15% DV), Calcium (6% DV), Iron (25% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Focaccia Square (Flour, Malted Barley Flour, Water, Corn Meal, Pasteurized Part Skim Milk, Cheese Cultures, Salt, Enzymes, Olive Oil, Sugar, Yeast, Nonfat Dry Milk, Soybean Oil, Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate, Guar Gum, Parsley.), Oven Roasted Turkey Breast (Turkey Breast Meat, Turkey Broth, Salt, Modified Food Starch, Sugar, Carrageenan, Sodium Phosphate, Flavoring.), Avocado, Fresh, Tomatoes, Fresh, Southwestern Chili Mayonnaise (Mayonnaise (Soybean Oil, Egg Yolk, Water, Corn Syrup, Distilled Vinegar, Salt, High



Fructose Corn Syrup, Mustard Seed, Calcium Disodium EDTA), Chili Garlic Sauce (Water, Soybeans, Rice, Salt, Potassium Sorbate, Water, Wheat, Soybeans, Salt, Sodium Benzoate, Lima Beans, Garlic, Bell Pepper Puree, Sesame Oil, Vinegar, Tomato Powder, Spice, Paprika, Salt, Modified Food Starch, Citric Acid, Xanthan Gum.), Fresh Lime Juice, Garlic, Fresh, Kosher Salt (Salt, Yellow Prussiate of Soda.), Ground Cumin (Cumin.), Ground Black Pepper (HC) (Black Peppercorns.), Bacon Strips (Pork, Water, Salt, Sugar, Smoke Flavor, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite.), Green Leaf Lettuce

Contains milk, eggs, wheat, soy beans, gluten, mustard

CHICKEN PARMESAN SANDWICH

breaded chicken breast cutlet on a roll with marinara sauce, mozzarella and parmesan cheeses

Nutrition Facts

Serv. Size: 1 Sandwich (236g)

Amt Per Serving: Calories 510, Fat Cal 230, Total Fat 26g (40% DV), Sat. Fat 6g (30% DV), Trans Fat 0g, Cholest. 55mg (18% DV), Sodium 1190mg (50% DV), Total Carb. 44g (15% DV), Fiber 3g (12% DV), Sugar 7g, Protein 26g, Vitamin A (10% DV), Vitamin C (6% DV), Calcium (30% DV), Iron (15% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Breaded Chicken Patty (Chicken Breast, Water, Wheat Flour, Modified Food Starch, Salt, Yellow Corn Flour, Cornstarch, Sodium Phosphate, Dextrose, Paprika, Sodim Bicarbonate, Sodium Aluminum Phosphate, Monocalcium Phosphate, Wheat Gluten, Sodium Bicarbonate, Sodium Aluminum Phosphate, Xanthan Gum, Malted Barley Flour.), Pizza Sauce (Water, Tomato Paste, Salt, Extra Virgin Olive Oil, Dried Onions, Garlic, Spices, Citric Acid.), Hamburger Buns (Wheat Flour, Barley Malt, Water, High Fructose Corn Syrup, Yeast, Soybean Oil, Salt, Monoglycerides, DATEM, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide, Monocalcium Phosphate, Calcium Sulfate, Ammonium Sulfate, Calcium Propionate, Canola Oil, Wheat Starch.), Part Skim Mozzarella Cheese (Pasteurized Part-Skim Milk, Cheese Culture, Salt And Enzymes), Deep Fat Frying Oil (Canola Oil, TBHQ, Citric Acid, Dimethylpolysiloxane.), Grated Parmesan Cheese (Milk, Cheese Culture, Salt, Enzymes, Powdered Cellulose.)

Contains milk, wheat, soy beans, gluten

CHICKEN SALAD SANDWICH

chicken salad, green leaf lettuce, and ripe sliced tomato on texas toast

Nutrition Facts



Serv. Size: 1 Sandwich (198g)

Amt Per Serving: Calories 290, Fat Cal 80, Total Fat 9g (14% DV), Sat. Fat 1.5g (8% DV), Trans Fat 0g, Cholest. 30mg (10% DV), Sodium 660mg (28% DV), Total Carb. 37g (12% DV), Fiber 2g (8% DV), Sugar 5g, Protein 16g, Vitamin A (35% DV), Vitamin C (10% DV), Calcium (8% DV), Iron (15% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Deli Chicken Salad (LF) (Grilled Chicken Strips (CHICK Breast, BNLS,SKNLS,Raw,Random,MED (Ice Glazed Boneless Skinless Chicken Breast Fillets with Rib Meat.), Olive Oil (Olive Oil.), Garlic, Fresh, Ground Black Pepper (HC) (Black Peppercorns.)), Celery, Fresh, Seasoned Basic Mayonnaise (Low Calorie, No Cholesterol Mayonnaise (Water, Soybean Oil, Corn Syrup, Modified Food Starch, Distilled Vinegar, Egg White, Sugar, Salt, Xanthan Gum, Lemon Juice Concentrate, Cellulose Gel and Cellulose Gum, Mustard, Phosphoric Acid, Sorbic Acid and Calcium Disodium EDTA, Polysorbate 60, -Apo-8'-carotenal and Turmeric), Fresh Lemon Juice, Salt (Salt.), Ground White Pepper (White Pepper.))), Texas Toast (Wheat Flour, Barley Malt, Water, High Fructose Corn Syrup, Yeast, Salt, Soybean Oil, Wheat Gluten, Monoglycerides, Sodium Stearoyl Lactylate, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide, Monocalcium Phosphate, Calcium Sulfate, Ammonium Sulfate, Soy Lecithin, Calcium Propionate and Potassium Sorbate.), Tomatoes, Fresh, Green Leaf Lettuce

Contains eggs, wheat, soy beans, gluten, mustard

CHIPOTLE PHILLY CHEESE STEAK SANDWICH

philly style steak with caramelized onions and onion tangles, provolone, and roasted red peppers with chipotle mayonnaise

Nutrition Facts

Serv. Size: 1 Sandwich (339g)

Amt Per Serving: Calories 650, Fat Cal 320, Total Fat 36g (55% DV), Sat. Fat 12g (60% DV), Trans Fat 0g, Cholest. 60mg (20% DV), Sodium 1100mg (46% DV), Total Carb. 53g (18% DV), Fiber 5g (20% DV), Sugar 8g, Protein 28g, Vitamin A (15% DV), Vitamin C (50% DV), Calcium (30% DV), Iron (25% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Beef Philly Sandwich Steak, Raw,4z(HARM) (Beef, Water, Modified Food Starch, Salt, Dextrose, Sodium Phosphate, Autolyzed Yeast, Hydrolyzed Soya Protein.), Club Roll (Wheat Flour, Barley Malt, Water, High Fructose Corn Syrup, Soybean Oil, Yeast, Corn Meal, Eggs, Salt, Wheat Gluten, Mono & Diglycerides, Sodium Stearoyl Lactylate, Soy Lecithin, Calcium Peroxide, Corn Flour, Ammonium Sulfate, Sodium Bicarbonate, Calcium Sulfate, Malt Syrup, Calcium Propionate & Potassium Sorbate, Soya Flour, Cellulose Gum, Paprika, Turmeric, Annatto.), Sautéed Mushrooms (Mushrooms, Fresh,



Vegetable Salad Oil (Soybean Oil.)), Sauteed Onions (Yellow Onions, Fresh (Yellow Onions.), Deep Fat Frying Oil (Canola Oil, TBHQ, Citric Acid, Dimethylpolysiloxane.)), Chipotle Mayonnaise (Low Calorie, No Cholesterol Mayonnaise (Water, Soybean Oil, Corn Syrup, Modified Food Starch, Distilled Vinegar, Egg White, Sugar, Salt, Xanthan Gum, Lemon Juice Concentrate, Cellulose Gel and Cellulose Gum, Mustard, Phosphoric Acid, Sorbic Acid and Calcium Disodium EDTA, Polysorbate 60, -Apo-8'-carotenal and Turmeric), Fresh Lime Juice, Cilantro Leaves, Fresh, Chipotle Peppers, Dried), Provolone Cheese (Pasteurized Milk, Cheese Culture, Salt And Enzymes.), French Fried Onion Tangles (Onion Tangles, Frozen (Onions, Bleached Wheat Flour, Soybean And/Or Canola Oil, Citric Acid, Dextrose, Dried Garlic, Guar Gum, Lactic Acid, Maltodextrin, Modified Food Starch, Natural Flavor, Onion Powder, Salt, Sorbitol, Spice Extractive, Whey, Yellow Corn Flour.), Deep Fat Frying Oil (Canola Oil, TBHQ, Citric Acid, Dimethylpolysiloxane.)), Roasted Sweet Red Peppers (Roasted Red Peppers, Water, Salt, Citric Acid.)

Contains milk, eggs, wheat, soy beans, gluten, mustard

CRISPY CHICKEN SANDWICH

crispy breaded chicken fillet in plain bun with lettuce and tomato

Nutrition Facts

Serv. Size: 1 Sandwich (170g)

Amt Per Serving: Calories 380, Fat Cal 150, Total Fat 17g (26% DV), Sat. Fat 2.5g (13% DV), Trans Fat 0g, Cholest. 30mg (10% DV), Sodium 700mg (29% DV), Total Carb. 40g (13% DV), Fiber 2g (8% DV), Sugar 5g, Protein 16g, Vitamin A (25% DV), Vitamin C (8% DV), Calcium (6% DV), Iron (10% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Breaded Chicken Patty (Chicken Breast, Water, Wheat Flour, Modified Food Starch, Salt, Yellow Corn Flour, Cornstarch, Sodium Phosphate, Dextrose, Paprika, Sodim Bicarbonate, Sodium Aluminum Phosphate, Monocalcium Phosphate, Wheat Gluten, Sodium Bicarbonate, Sodium Aluminum Phosphate, Xanthan Gum, Malted Barley Flour.), Hamburger Buns (Wheat Flour, Barley Malt, Water, High Fructose Corn Syrup, Yeast, Soybean Oil, Salt, Monoglycerides, DATEM, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide, Monocalcium Phosphate, Calcium Sulfate, Ammonium Sulfate, Calcium Propionate, Canola Oil, Wheat Starch.), Tomatoes, Fresh, Green Leaf Lettuce, Deep Fat Frying Oil (Canola Oil, TBHQ, Citric Acid, Dimethylpolysiloxane.)

Contains wheat, soy beans, gluten

DEVEILED EGG SALAD SANDWICH

spicy egg salad on an onion roll with shredded lettuce, fresh tomato, and sweet pickle chips



Nutrition Facts

Serv. Size: 1 Sandwich (191g)

Amt Per Serving: Calories 220, Fat Cal 35, Total Fat 4g (6% DV), Sat. Fat 1g (5% DV), Trans Fat 0g, Cholest. 30mg (10% DV), Sodium 360mg (15% DV), Total Carb. 37g (12% DV), Fiber 3g (12% DV), Sugar 7g, Protein 8g, Vitamin A (10% DV), Vitamin C (10% DV), Calcium (8% DV), Iron (10% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Onion Roll (Wheat Flour, Barley Malt, Water, Yeast, Dehydrated Onions, High Fructose Corn Syrup, Soybean Oil, Wheat Gluten, Salt, DATEM, Calcium Stearoyl Lactylate, Mono & Diglycerides, Ascorbic Acid, Potassium Iodate, Lcysteine, Azodicarbonamide, Calcium Sulfate, Corn Flour, Turmeric, Paprika, Natural and Artificial Flavors, Poppy Seed, Potassium Sorbate and Calcium Propionate, Vinegar, Wheat Starch.), Tomatoes, Fresh, Iceberg Lettuce, Deviled Egg Salad (Hard Cooked Eggs (Hard Cooked Eggs, Water, Citric Acid, Sodium Benzoate), Low Calorie, No Cholesterol Mayonnaise (Water, Soybean Oil, Corn Syrup, Modified Food Starch, Distilled Vinegar, Egg White, Sugar, Salt, Xanthan Gum, Lemon Juice Concentrate, Cellulose Gel and Cellulose Gum, Mustard, Phosphoric Acid, Sorbic Acid and Calcium Disodium EDTA, Polysorbate 60, -Apo-8'-carotenal and Turmeric), Yellow Onions, Fresh, Worcestershire Sauce (Distilled Vinegar, Molasses, Corn Syrup, Water, Salt, Caramel Color, Sugar, Spices, Anchovies, Natural Flavor, Soy, and Tamarind.), Chipotle Peppers in Adobo Sauce, Canned (Red Jalapeno Peppers, Water, Vinegar, Sugar, Salt, Tomato Paste, Smoke Essence, Onion, Potassium Sorbate, Garlic.), Salt (Salt.), Smoked Paprika (Dried, Ground Capsicum Annum, Silicon Dioxide.)), Bread & Butter Pickle Chips

Contains eggs, fish, wheat, soy beans, gluten, mustard

EGG SALAD SANDWICH ON MULTI-GRAIN

deli fresh egg salad, green leaf lettuce and ripe sliced tomato on multi grain bread

Nutrition Facts

Serv. Size: 1 Sandwich (184g)

Amt Per Serving: Calories 270, Fat Cal 100, Total Fat 11g (17% DV), Sat. Fat 2.5g (13% DV), Trans Fat 0g, Cholest. 200mg (67% DV), Sodium 560mg (23% DV), Total Carb. 27g (9% DV), Fiber 5g (20% DV), Sugar 6g, Protein 14g, Vitamin A (40% DV), Vitamin C (10% DV), Calcium (10% DV), Iron (15% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Egg Salad (LF) (Hard Cooked Eggs (Hard Cooked Eggs, Water, Citric Acid, Sodium Benzoate), Celery, Fresh, Low Calorie, No Cholesterol Mayonnaise (Water, Soybean Oil, Corn Syrup, Modified Food Starch, Distilled Vinegar, Egg White, Sugar, Salt, Xanthan Gum, Lemon Juice Concentrate,



Cellulose Gel and Cellulose Gum, Mustard, Phosphoric Acid, Sorbic Acid and Calcium Disodium EDTA, Polysorbate 60, -Apo-8'-carotenal and Turmeric), Yellow Onions, Fresh, Salt (Salt.), Ground White Pepper (White Pepper.), Ground Mustard, Dry (Mustard Seed.), Natural Grain Bread, Tomatoes, Fresh, Green Leaf Lettuce

Contains eggs, wheat, soy beans, gluten, mustard

GRILLED CHICKEN SANDWICH

marinated grilled chicken in wheat bun with lettuce and tomato

Nutrition Facts

Serv. Size: 1 Sandwich (182g)

Amt Per Serving: Calories 260, Fat Cal 45, Total Fat 5g (8% DV), Sat. Fat 1g (5% DV), Trans Fat 0g, Cholest. 60mg (20% DV), Sodium 340mg (14% DV), Total Carb. 27g (9% DV), Fiber 4g (16% DV), Sugar 6g, Protein 29g, Vitamin A (25% DV), Vitamin C (6% DV), Calcium (8% DV), Iron (10% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Grilled Chicken Breast (Base) (Chicken Breast, Boneless, SKNLS, Raw, 4z (Ice Glazed Boneless Skinless Chicken Breast Fillets with Rib Meat.), Golden Italian Dressing (Soybean Oil, Water, Distilled Vinegar, High Fructose Corn Syrup, Salt, Garlic, Onion, Xanthan Gum, Red Bell Pepper, Sodium Benzoate and Potassium Sorbate, Lemon Juice Concentrate, , Caramel Color, Calcium Disodium EDTA, Yellow 6.)), Whole Wheat Hamburger Buns (Whole Wheat Flour, Water, Wheat Gluten, High Fructose Corn Syrup, Yeast, Honey, Soybean Oil, Salt, Molasses, Calcium Propionate, Sodium Stearoyl Lactylate, DATEM, Monocalcium Phosphate, Calcium Sulfate, Ammonium Sulfate), Tomatoes, Fresh, Green Leaf Lettuce

Contains wheat, soy beans, gluten

HAM AND CHEESE SANDWICH ON KAISER ROLL

deli ham, cheese, lettuce and tomato on a kaiser roll

Nutrition Facts

Serv. Size: 1 Sandwich (198g)

Amt Per Serving: Calories 360, Fat Cal 110, Total Fat 13g (20% DV), Sat. Fat 5g (25% DV), Trans Fat 0g, Cholest. 65mg (22% DV), Sodium 1280mg (53% DV), Total Carb. 36g (12% DV), Fiber 2g (8% DV), Sugar



4g, Protein 25g, Vitamin A (20% DV), Vitamin C (8% DV), Calcium (15% DV), Iron (15% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Hickory Smoked Buffet Ham, Cooked (Fresh Pork Hams Cured With Water, Salt, Dextrose, Modified Food Starch, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite.), Kaiser Rolls (Wheat Flour, Barley Malt, Water, High Fructose Corn Syrup, Soybean Oil, Yeast, Corn Meal, Eggs, Salt, Wheat Gluten, Mono & Diglycerides, Sodium Stearoyl Lactylate, Soy Lecithin, Calcium Peroxide, Corn Flour, Ammonium Sulfate, Sodium Bicarbonate, Calcium Sulfate, Malt Syrup, Calcium Propionate & Potassium Sorbate, Soya Flour, Cellulose Gum, Paprika, Turmeric, Annatto.), Tomatoes, Fresh, Mild Cheddar Cheese, Sliced (Pasteurized milk, cheese culture, salt, enzymes and annatto), Green Leaf Lettuce

Contains milk, eggs, wheat, soy beans, gluten

HAM AND CHEESE SANDWICH ON WHEAT

smoked ham, cheddar cheese, and green leaf lettuce on white bread

Nutrition Facts

Serv. Size: 1 Sandwich (137g)

Amt Per Serving: Calories 250, Fat Cal 70, Total Fat 8g (12% DV), Sat. Fat 4g (20% DV), Trans Fat 0g, Cholest. 45mg (15% DV), Sodium 800mg (33% DV), Total Carb. 28g (9% DV), Fiber 2g (8% DV), Sugar 4g, Protein 18g, Vitamin A (15% DV), Vitamin C (2% DV), Calcium (15% DV), Iron (10% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Smoked, BNLS, Water Added, 96%FF LS Ham (Fresh Pork Hams, Water, Dextrose, Salt, Potassium Chloride, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite.), Wheat Bread (Wheat Flour, Barley Malt, Water, Wheat Bran, High Fructose Corn Syrup, Yeast, Whole Wheat Flour, Soybean Oil, Wheat Gluten, Salt, Monoglycerides, DATEM, Sodium Stearoyl Lactylate, Calcium Peroxide, Azodicarbonamide, Ascorbic Acid, Calcium Propionate and Potassium Sorbate, Monocalcium Phosphate, Calcium Sulfate, Ammonium Sulfate, Caramel Color, Enzymes.), Mild Cheddar Cheese (Pasteurized milk, cheese culture, salt, enzymes and annatto), Green Leaf Lettuce

Contains milk, wheat, soy beans, gluten

ITALIAN LOAFER SANDWICH

warm baguette sandwich with deli ham, genoa salami, pepperoni, provolone cheese & italian dressing

Nutrition Facts



Serv. Size: 1 Sandwich (279g)

Amt Per Serving: Calories 710, Fat Cal 300, Total Fat 34g (52% DV), Sat. Fat 14g (70% DV), Trans Fat 0g, Cholest. 85mg (28% DV), Sodium 2300mg (96% DV), Total Carb. 66g (22% DV), Fiber 4g (16% DV), Sugar 4g, Protein 37g, Vitamin A (10% DV), Vitamin C (0% DV), Calcium (35% DV), Iron (25% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Malted Barley Flour, Filtered Water, Levain, Rye Flour, Salt, Yeast, Malt, Pasteurized milk, cheese culture, salt and enzymes, Pork Hams, Dextrose, Salt, Potassium Chloride, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite, Pork, beef, corn syrup, dextrose, sugar, wine, sodium erythorbate, sodium nitrate, flavorings, spices, garlic, lactic acid starter culture, sodium nitrite, Pork, Beef, Spices, Dextrose, Oleoresin of Paprika, Lactic Acid Starter Culture, Garlic Powder, Sodium Nitrite, BHA, BHT, Citric Acid, Soybean Oil, Water, Distilled Vinegar, High Fructose Corn Syrup, Garlic, Onion, Xanthan Gum, Red Bell Pepper, Sodium Benzoate and Potassium Sorbate, Lemon Juice Concentrate, Spices, Caramel Color, Calcium Disodium EDTA, Yellow 6

Contains milk, wheat, soy beans, gluten

LONESTAR CLUB SUB SANDWICH

ham, bacon and cheddar on a submarine roll with bbq sauce, romaine and tomato

Nutrition Facts

Serv. Size: 1 Sub-6" (279g)

Amt Per Serving: Calories 400, Fat Cal 120, Total Fat 14g (22% DV), Sat. Fat 6g (30% DV), Trans Fat 0g, Cholest. 55mg (18% DV), Sodium 2030mg (85% DV), Total Carb. 44g (15% DV), Fiber 2g (8% DV), Sugar 8g, Protein 25g, Vitamin A (25% DV), Vitamin C (8% DV), Calcium (20% DV), Iron (20% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: 6" Sliced Sub Roll (Wheat Flour, Barley Malt, Water, Yeast, Degermed Yellow Corn Meal, Wheat Gluten, High Fructose Corn Syrup, Salt, Soybean Oil, (Monoglycerides, Ascorbic Acid, Azodicarbonamide, L-Cysteine, Monocalcium Phosphate, Calcium Sulfate, Calcium Carbonate, Ammonium Sulfate, Wheat Starch, Calcium Propionate and Potassium Sorbate.), Boiled Ham, 95% FF, Water Added (Pork, Water, Dextrose, Salt, Potassium Lactate, Sodium Phosphates, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrite.), Dill Pickle Spears, Tomatoes, Fresh, Mild Cheddar Cheese (Pasteurized milk, cheese culture, salt, enzymes and annatto), Crisp Bacon Strip (Bacon, 22-26ct/#, Raw (Fresh Pork Bellies, Water, Salt, Sugar, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite.)), Romaine Lettuce, Cattlemen's Original BBQ Sauce (Distilled Vinegar, Tomato Paste, High Fructose Corn



Syrup, Water, Corn Syrup, Salt, Mustard Bran, Molasses, Spices, Onion Powder, Sodium Benzoate, Garlic Powder, Caramel Color, Sugar, and Natural Flavor.)

Contains milk, wheat, gluten, mustard

MILE HIGH CITY MEATLOAF SANDWICH

home style meatloaf, roasted tomatoes, crispy onions, smoky bbq sauce, and scallions served open face on country loaf

Nutrition Facts

Serv. Size: 1 Sandwich (246g)

Amt Per Serving: Calories 530, Fat Cal 230, Total Fat 26g (40% DV), Sat. Fat 8g (40% DV), Trans Fat 1g, Cholest. 85mg (28% DV), Sodium 800mg (33% DV), Total Carb. 53g (18% DV), Fiber 5g (20% DV), Sugar 7g, Protein 22g, Vitamin A (8% DV), Vitamin C (15% DV), Calcium (6% DV), Iron (25% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Traditional Meatloaf (Ground Beef, 80/20, Frozen, Raw (100% Ground Beef.), Pasteurized Liquid Eggs (Whole Eggs, Citric Acid), White Bread Crumbs, Fresh (Wheat Flour, Malted Barley Flour), Ketchup (Red Ripe Tomatoes, High Fructose Corn Syrup, Distilled Vinegar, Corn Syrup, Salt, Onion Powder, Garlic Powder), Yellow Onions, Fresh (Yellow Onions.), Mushrooms, Fresh, Garlic, Fresh, Fresh Thyme Leaves, Canola Olive Oil Blend, 80:20 (Canola Oil, Extra Virgin Olive Oil.), Salt (Salt.), Ground Black Pepper (HC) (Black Peppercorns.)), Panini Bread (Enriched Unbleached Wheat Flour Ascorbic Acid, Malted Barley Flour, Enzyme, Water, Sea Salt, Yeast, Malted Barley Extract, Fermented Wheat Flour, Natural Cultured Corn Syrup Solids, Citric Acid, Soy Lecithin.), Roasted Tomato Slices (Plum Tomatoes, Fresh, Olive Oil (Olive Oil.), Kosher Salt (Salt, Yellow Prussiate of Soda.), Ground Black Pepper (HC) (Black Peppercorns.)), French Fried Onion Tangles (Onion Tangles, Frozen (Onions, Bleached Wheat Flour, Soybean And/Or Canola Oil, Citric Acid, Dextrose, Dried Garlic, Guar Gum, Lactic Acid, Maltodextrin, Modified Food Starch, Natural Flavor, Onion Powder, Salt, Sorbitol, Spice Extractive, Whey, Yellow Corn Flour.), Deep Fat Frying Oil (Canola Oil, TBHQ, Citric Acid, Dimethylpolysiloxane.)), Cattlemen's Original BBQ Sauce (Distilled Vinegar, Tomato Paste, High Fructose Corn Syrup, Water, Corn Syrup, Salt, Mustard Bran, Molasses, Spices, Onion Powder, Sodium Benzoate, Garlic Powder, Caramel Color, Sugar, and Natural Flavor.), Green Onions, Fresh

Contains milk, eggs, wheat, soy beans, gluten, mustard

PEANUT BUTTER & JELLY SANDWICH

Nutrition Facts

Serv. Size: 1 Sandwich (124g)

Amt Per Serving: Calories 440, Fat Cal 190, Total Fat 22g (34% DV), Sat. Fat 3g (15% DV), Trans Fat 0g, Cholest. 0mg (0% DV), Sodium 500mg (21% DV), Total Carb. 53g (18% DV), Fiber 4g (16% DV), Sugar 17g,



Protein 15g, Vitamin A (0% DV), Vitamin C (0% DV), Calcium (20% DV), Iron (15% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: White Bread (Wheat Flour, Barley Malt, Water, High Fructose Corn Syrup, Yeast, Soybean Oil, Wheat Gluten, Salt, Monoglycerides, Sodium Stearoyl Lactylate, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide, Monocalcium Phosphate, Calcium Sulfate, Ammonium Sulfate, Calcium Propionate and Potassium Sorbate.), Creamy Peanut Butter, Grape Jelly (Concord Grape Juice, High Fructose Corn Syrup, Corn Syrup, Fruit Pectin, Citric Acid.)

Contains wheat, peanuts, soy beans, gluten

ROAST BEEF & CHEESE BAGEL SANDWICH

roast beef, cheese, lettuce and tomato on a bagel

Nutrition Facts

Serv. Size: 1 Sandwich (202g)

Amt Per Serving: Calories 340, Fat Cal 80, Total Fat 9g (14% DV), Sat. Fat 4.5g (23% DV), Trans Fat 0g, Cholest. 60mg (20% DV), Sodium 840mg (35% DV), Total Carb. 36g (12% DV), Fiber 2g (8% DV), Sugar 3g, Protein 30g, Vitamin A (20% DV), Vitamin C (10% DV), Calcium (15% DV), Iron (20% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Beef Top Round, Cooked, Medium Rare (Cooked Roast Beef Top Round, Sodium Lactate, Sodium Phosphate, Sodium Diacetate, Salt, Hydrolyzed Corn Protein, Flavoring. Coated with Caramel Color, Pepper.), Sliced Plain Bagels (Wheat Flour, Malt Barley Flour, Water, Brown Sugar, Corn Meal, Sugar, Salt, Yeast, Mono-Diglycerides, Calcium Propionate, Guar Gum, Molasses, Enzyme, Corn Syrup Solids, Ammonium Chloride, Soy Oil, Azodicardonamide.), Tomatoes, Fresh, Mild Cheddar Cheese, Sliced (Pasteurized milk, cheese culture, salt, enzymes and annatto), Green Leaf Lettuce

Contains milk, wheat, soy beans, gluten

ROAST CHICKEN WITH GUACAMOLE SANDWICH

roasted chicken on ciabatta bread with lettuce,tomato and onion topped with homemade guacamole

Nutrition Facts

Serv. Size: 1 Sandwich (291g)

Amt Per Serving: Calories 500, Fat Cal 130, Total Fat 15g (23% DV), Sat. Fat 2g (10% DV), Trans Fat 0g, Cholest. 60mg (20% DV), Sodium 780mg (33% DV), Total Carb. 64g (21% DV), Fiber 6g (24% DV), Sugar



3g, Protein 29g, Vitamin A (30% DV), Vitamin C (25% DV), Calcium (10% DV), Iron (20% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Ciabatta Bun (Wheat Flour, Malted Barley Flour, Water, Potato Flour, Soybean Oil, Salt, Wheat Gluten, Yeast, Calcium Propionate, Ascorbic Acid, Corn Flour, Acetic Acid, Lactic Acid, Canola Oil, Enzymes.), Roasted Chicken Breast (CHICK Breast, BNLS,SKNLS,Raw,Random,MED (Ice Glazed Boneless Skinless Chicken Breast Fillets with Rib Meat.)), Canola Olive Oil Blend, 80:20 (Canola Oil, Extra Virgin Olive Oil.), Table Ground Black Pepper (Black Peppercorns.), Guacamole (Avocado, Fresh, Plum Tomatoes, Fresh, Red Onions, Fresh, Fresh Lime Juice, Cilantro Leaves, Fresh, Salt (Salt.), Table Ground Black Pepper (Black Peppercorns.)), Plum Tomatoes, Fresh, Romaine Lettuce, Red Onions, Fresh

Contains wheat, soy beans, gluten

SAUSAGE SANDWICH & PEPPERS & ONIONS

sweet italian sausage on a fresh club roll with a slathering of sautéed green pepper and onion

Nutrition Facts

Serv. Size: 1 Sandwich (174g)

Amt Per Serving: Calories 470, Fat Cal 260, Total Fat 29g (45% DV), Sat. Fat 9g (45% DV), Trans Fat 0g, Cholest. 50mg (17% DV), Sodium 1050mg (44% DV), Total Carb. 35g (12% DV), Fiber 2g (8% DV), Sugar 3g, Protein 18g, Vitamin A (4% DV), Vitamin C (15% DV), Calcium (8% DV), Iron (15% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Sweet Italian Sausage, Raw, 4 oz (Pork, Water, Corn Syrup Solids, Salt, Dextrose, Spices, Paprika, Monosodium Glutamate, BHA, Citric Acid, Propyl Gallate.), Club Roll (Wheat Flour, Barley Malt, Water, High Fructose Corn Syrup, Soybean Oil, Yeast, Corn Meal, Eggs, Salt, Wheat Gluten, Mono & Diglycerides, Sodium Stearoyl Lactylate, Soy Lecithin, Calcium Peroxide, Corn Flour, Ammonium Sulfate, Sodium Bicarbonate, Calcium Sulfate, Malt Syrup, Calcium Propionate & Potassium Sorbate, Soya Flour, Cellulose Gum, Paprika, Turmeric, Annatto.), Yellow Onions, Fresh (Yellow Onions.), Green Peppers, Fresh (Green Peppers.), Olive Oil (Olive Oil.), Kosher Salt (Salt, Yellow Prussiate of Soda.), Ground Black Pepper (HC) (Black Peppercorns.)

Contains wheat, gluten, MSG

SPICY ITALIAN SANDWICH ON BAGUETTE

fresh baguette loaded with ham, salami, capicola, pepperoni, provolone, and topped with lettuce & tomato, of course!



Nutrition Facts

Serv. Size: 1 Slice-Cut 6 (211g)

Amt Per Serving: Calories 350, Fat Cal 150, Total Fat 17g (26% DV), Sat. Fat 7g (35% DV), Trans Fat 0g, Cholest. 40mg (13% DV), Sodium 1440mg (60% DV), Total Carb. 31g (10% DV), Fiber 2g (8% DV), Sugar 5g, Protein 20g, Vitamin A (30% DV), Vitamin C (35% DV), Calcium (20% DV), Iron (15% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Tomatoes, Fresh, French Baguette (Flour, Water, Yeast, Salt, Dextrose, Malted Barley Flour, Calcium Sulfate, DATEM, Ascorbic Acid), 96% Fat Free Buffet Ham, Water Added (Fresh Pork Hams, Water, Dextrose, Salt, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite.), Provolone Cheese (Pasteurized Milk, Cheese Culture, Salt And Enzymes.) (8%), Capicola Ham (Pork, paprika, water, salt, sugar, dextrose, corn syrup, sodium phosphates, sodium lactate, sodium diacetate, sodium erythorbate, sodium nitrite.), Hot Pepper Spread (Roasted Garlic Dijon Mayonnaise (Low Calorie, No Cholesterol Mayonnaise (Water, Soybean Oil, Corn Syrup, Modified Food Starch, Distilled Vinegar, Egg White, Sugar, Salt, Xanthan Gum, Lemon Juice Concentrate, Cellulose Gel and Cellulose Gum, Mustard, Phosphoric Acid, Sorbic Acid and Calcium Disodium EDTA, Polysorbate 60, -Apo-8'-carotenal and Turmeric), Dijon Mustard (Water, Vinegar, Mustard Seed, Salt, White Wine, Fruit Pectin, Citric Acid, Tartaric Acid Sugar), Roasted Garlic Cloves (Garlic, Fresh, Canola Olive Oil Blend, 80:20 (Canola Oil, Extra Virgin Olive Oil.))), Hot Pepper Relish), Genoa Salami (Pork, beef, salt, corn syrup, dextrose, sugar, wine, sodium erythorbate, sodium nitrate, flavorings, spices, garlic, lactic acid starter culture, sodium nitrite.), Green Leaf Lettuce, Red Onions, Fresh, Pepperoni (Pork, Beef, Salt, Spices, Dextrose, Oleoresin of Paprika, Lactic Acid Starter Culture, Garlic Powder, Sodium Nitrite, BHA, BHT, Citric Acid.)

Contains milk, eggs, wheat, soy beans, gluten, mustard

SUNRISE CROISSANT

classic breakfast sandwich made with bacon, egg and american cheese

Nutrition Facts

Serv. Size: 1 Each (156g)

Amt Per Serving: Calories 470, Fat Cal 290, Total Fat 32g (49% DV), Sat. Fat 15g (75% DV), Trans Fat 0g, Cholest. 250mg (83% DV), Sodium 950mg (40% DV), Total Carb. 26g (9% DV), Fiber 1g (4% DV), Sugar 4g, Protein 19g, Vitamin A (15% DV), Vitamin C (0% DV), Calcium (10% DV), Iron (15% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Blended Croissant Dough, ZTF, 2.5 oz (Wheat Flour, Water, Butter, Fractionated Palm Oil, Canola Oil, Sugar, Yeast, High Fructose Corn Syrup, Salt, Whey, Datem, Ascorbic Acid, Egg



White, Mono And Diglycerides, Soy Lecithin, Citric Acid .), Pasteurized Liquid Eggs (Whole Eggs, Citric Acid), Crisp Bacon Slice (Bacon, 22-26ct/#, Raw (Fresh Pork Bellies, Water, Salt, Sugar, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite.)), American Cheese, Yellow, 184ct (Cultured Milk and Skim Milk, Water, Cream, Sodium Citrate, Salt, Sodium Phosphate, Sorbic Acid, Citric Acid, Acetic Acid, Enzymes, Soy Lecithin, Artificial Color), Margarine (Palm Oil, Water, Salt, Nonfat Dry Milk Solids, Soy Lecithin, Vegetable Mono and Diglycerides, Sodium Benzoate, Citric Acid, Beta Carotene)

Contains milk, eggs, wheat, soy beans, gluten

TUNA SALAD SANDWICH ON WHEAT

tuna salad, green leaf lettuce on whole wheat bread

Nutrition Facts

Serv. Size: 1 Sandwich (189g)

Amt Per Serving: Calories 230, Fat Cal 60, Total Fat 7g (11% DV), Sat. Fat 1g (5% DV), Trans Fat 0g, Cholest. 15mg (5% DV), Sodium 620mg (26% DV), Total Carb. 31g (10% DV), Fiber 3g (12% DV), Sugar 4g, Protein 14g, Vitamin A (35% DV), Vitamin C (10% DV), Calcium (6% DV), Iron (15% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Deli Tuna Salad (LF) (Chunk Light Tuna, Water Pack (Light Tuna, Water, Soybean Flakes, Carrots, Peas, Celery, Salt.), Celery, Fresh, Seasoned Basic Mayonnaise (Low Calorie, No Cholesterol Mayonnaise (Water, Soybean Oil, Corn Syrup, Modified Food Starch, Distilled Vinegar, Egg White, Sugar, Salt, Xanthan Gum, Lemon Juice Concentrate, Cellulose Gel and Cellulose Gum, Mustard, Phosphoric Acid, Sorbic Acid and Calcium Disodium EDTA, Polysorbate 60, -Apo-8'-carotenal and Turmeric), Fresh Lemon Juice, Salt (Salt.), Ground White Pepper (White Pepper.))), Wheat Bread (Wheat Flour, Barley Malt, Water, Wheat Bran, High Fructose Corn Syrup, Yeast, Whole Wheat Flour, Soybean Oil, Wheat Gluten, Salt, Monoglycerides, DATEM, Sodium Stearoyl Lactylate, Calcium Peroxide, Azodicarbonamide, Ascorbic Acid, Calcium Propionate and Potassium Sorbate, Monocalcium Phosphate, Calcium Sulfate, Ammonium Sulfate, Caramel Color, Enzymes.), Tomatoes, Fresh, Green Leaf Lettuce

Contains eggs, fish, wheat, soy beans, gluten, mustard

TURKEY & BACON MELT SANDWICH

roasted turkey breast, crisp bacon and mild cheddar cheese grilled to perfection on texas toast

Nutrition Facts

Serv. Size: 1 Plate (312g)



Amt Per Serving: Calories 690, Fat Cal 320, Total Fat 35g (54% DV), Sat. Fat 11g (55% DV), Trans Fat 0g, Cholest. 65mg (22% DV), Sodium 1760mg (73% DV), Total Carb. 63g (21% DV), Fiber 5g (20% DV), Sugar 4g, Protein 30g, Vitamin A (10% DV), Vitamin C (8% DV), Calcium (30% DV), Iron (20% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: French Fries (Extra Long 1/4" Shoestring French Fries (Potatoes, Canola Oil, Soybean Oil, Cottonseed Oil, Sunflower Oil, Corn Oil, Dextrose, Sodium Acid Pyrophosphate.), Deep Fat Frying Oil (Canola Oil, TBHQ, Citric Acid, Dimethylpolysiloxane.)), Texas Toast (Wheat Flour, Barley Malt, Water, High Fructose Corn Syrup, Yeast, Salt, Soybean Oil, Wheat Gluten, Monoglycerides, Sodium Stearoyl Lactylate, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide, Monocalcium Phosphate, Calcium Sulfate, Ammonium Sulfate, Soy Lecithin, Calcium Propionate and Potassium Sorbate.), Dill Pickle Spears, Oil Browned Turkey Breast (Turkey Breast Meat, Turkey Broth, Salt, Dextrose, Sodium Phosphate, Flavoring, Vegetable Oil.), Mild Cheddar Cheese (Pasteurized milk, cheese culture, salt, enzymes and annatto), Crisp Bacon Strip (Bacon, 22-26ct/#, Raw (Fresh Pork Bellies, Water, Salt, Sugar, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite.)), Whipped Margarine (Liquid Soybean, Canola, Palm, Palm Kernel, Water, Whey, Salt, Vegetable Mono and Diglycerides, Soy Lecithin, Potassium Sorbate and Calcium Disodium EDTA, Citric Acid, Beta Carotene)

Contains milk, wheat, soy beans, gluten

TURKEY & CHEESE SANDWICH ON CIABATTA

slow roasted turkey and cheese on a rustic ciabatta bread

Nutrition Facts

Serv. Size: 1 Sandwich (288g)

Amt Per Serving: Calories 690, Fat Cal 330, Total Fat 37g (57% DV), Sat. Fat 13g (65% DV), Trans Fat 0g, Cholest. 95mg (32% DV), Sodium 1940mg (81% DV), Total Carb. 52g (17% DV), Fiber 3g (12% DV), Sugar 2g, Protein 39g, Vitamin A (25% DV), Vitamin C (35% DV), Calcium (25% DV), Iron (20% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Italian Ciabatta Bun, 3.2 oz (Wheat Flour, Malted Barley Flour, Ascorbic Acid, Water, Salt, Olive Oil, Rye Flour, Yeast Bacterial Culture, Yeast, Malted Barley Flour, Guar Gum, Ascorbic Acid, Enzyme.), Oil Browned Turkey Breast (Turkey Breast Meat, Turkey Broth, Salt, Dextrose, Sodium Phosphate, Flavoring, Vegetable Oil.), Tomatoes, Fresh, Dijonnaise (Mayonnaise (Soybean Oil, Egg Yolk, Water, Corn Syrup, Distilled Vinegar, Salt, High Fructose Corn Syrup, Mustard Seed, Calcium Disodium EDTA), Dijon Mustard (Water, Vinegar, Mustard Seed, Salt, White Wine, Fruit Pectin, Citric Acid, Tartaric Acid Sugar)), Mild Cheddar Cheese, Sliced (Pasteurized milk, cheese culture, salt, enzymes and



annatto), Crisp Bacon Slice (Bacon, 22-26ct/#, Raw (Fresh Pork Bellies, Water, Salt, Sugar, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite.)), Green Leaf Lettuce

Contains milk, eggs, wheat, soy beans, gluten, mustard

BACON CHICKEN RANCH WRAP

crispy chicken strips, tomatoes, bacon, lettuce & ranch dressing in a tortilla wrap

Nutrition Facts

Serv. Size: 1 Wrap (258g)

Amt Per Serving: Calories 530, Fat Cal 200, Total Fat 22g (34% DV), Sat. Fat 6g (30% DV), Trans Fat 0g, Cholest. 25mg (8% DV), Sodium 1360mg (57% DV), Total Carb. 65g (22% DV), Fiber 3g (12% DV), Sugar 3g, Protein 18g, Vitamin A (10% DV), Vitamin C (10% DV), Calcium (25% DV), Iron (20% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: 12~ Pressed Flour Tortillas (Wheat Flour, Water, Interesterified Soybean Oil, Hydrogenated Soybean Oil and/or Palm Oil, Salt, Sodium Bicarbonate, Sodium Aluminum Sulfate, Corn Starch, Monocalcium Phosphate and/or Sodium Acid Pyrophosphate, Calcium Sulfate, Distilled Monoglycerides, Enzymes, Wheat Starch, Calcium Carbonate, Cellulose Gum, Fumaric Acid, Sodium Metabisulfite, Calcium Propionate, Sorbic Acid and/or Citric Acid.), Shredded Lettuce, BRD Southern Chicken TEND Fritters, Raw (Chicken Breast, Water, Wheat Flour, Salt, Sodium Phosphates. **BREADER:** Wheat Flour, Sodium Bicarbonate, Sodium Aluminum Phosphate, Monocalcium Phosphate, Maltodextrin, Autolyzed Yeast Extract, Torula Yeast, Green Bell Pepper, Calcium Carbonate, Guar Gum, Modified Cream, Partially Hydrogenated Soybean Oil, Cream, Powdered Buttermilk, Corn Syrup Solids, Sodium Caseinate, Annatto And Turmeric, Wheat Gluten, Egg Whites, Salt. Breeding Set In Vegetable Oil.), Tomatoes, Fresh, HVR Original Light Ranch Dressing (Water, Cultured Pasteurized Skim Milk and Milk, Sodium Citrate, Salt, Corn Syrup, Soybean Oil, Food Starch-Modified, Monosodium Glutamate, Sugar, Dried Garlic, Dried Onion, Whey Protein Concentrate, Corn Syrup, Spices, Xanthan Gum, Sorbic Acid and Calcium Disodium EDTA, Citric Acid, Calcium Stearate, Distilled Vinegar, Egg Yolks, Cultured Buttermilk Solids, Whey Solids, Phosphoric Acid, Sodium Benzoate and Potassium Sorbate, Propylene Glycol Alginate, Xanthan Gum, Calcium Disodium EDTA), Real Bacon Bits (Pork cured with Water, Salt, Sugar, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite), Deep Fat Frying Oil (Canola Oil, TBHQ, Citric Acid, Dimethylpolysiloxane.)

Contains milk, eggs, wheat, soy beans, gluten, MSG

BAJA AVOCADO BACON WRAP

bacon, lettuce, tomato, avocado and pepper jack cheese in a wrap with chipotle mayo



Nutrition Facts

Serv. Size: 1 Wrap (283g)

Amt Per Serving: Calories 670, Fat Cal 410, Total Fat 46g (71% DV), Sat. Fat 16g (80% DV), Trans Fat 0g, Cholest. 60mg (20% DV), Sodium 1270mg (53% DV), Total Carb. 44g (15% DV), Fiber 6g (24% DV), Sugar 3g, Protein 22g, Vitamin A (20% DV), Vitamin C (20% DV), Calcium (40% DV), Iron (20% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: 10" Pressed Flour Tortillas (Wheat Flour, Water, Interesterified Soybean Oil, Hydrogenated Soybean Oil and/or Palm Oil, Salt, Sodium Bicarbonate, Sodium Aluminum Sulfate, Corn Starch, Monocalcium Phosphate and/or Sodium Acid Pyrophosphate, Calcium Sulfate, Distilled Monoglycerides, Enzymes, Wheat Starch, Calcium Carbonate, Cellulose Gum, Fumaric Acid, Sodium Metabisulfite, Calcium Propionate, Sorbic Acid and/or Citric Acid.), Tomatoes, Fresh, Avocado, Fresh, Iceberg Lettuce, Crisp Bacon Slice (Bacon, 22-26ct/#, Raw (Fresh Pork Bellies, Water, Salt, Sugar, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite.)), Pepper Jack Cheese (Pasteurized Milk, Jalapeno Peppers, Cheese Culture, Salt, Enzymes), Mayonnaise (Soybean Oil, Egg Yolk, Water, Corn Syrup, Distilled Vinegar, Salt, High Fructose Corn Syrup, Mustard Seed, Calcium Disodium EDTA), Chipotle Chili Powder (Green Jalapeño Chile Peppers.)

Contains milk, eggs, wheat, soy beans, gluten, mustard

BLACK BEAN & ROASTED VEGETABLE WRAP

Nutrition Facts

Serv. Size: 1 Wrap (186g)

Amt Per Serving: Calories 250, Fat Cal 60, Total Fat 7g (11% DV), Sat. Fat 1.5g (8% DV), Trans Fat 0g, Cholest. 0mg (0% DV), Sodium 400mg (17% DV), Total Carb. 41g (14% DV), Fiber 6g (24% DV), Sugar 10g, Protein 8g, Vitamin A (30% DV), Vitamin C (60% DV), Calcium (15% DV), Iron (20% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Roasted Vegetables #1 (Red Peppers, Fresh (Red Peppers.), Eggplant, Fresh, Zucchini, Fresh, Red Onions, Fresh (Yellow Onions.), Low Fat Balsamic Vinaigrette (Water, Sugar, Distilled Vinegar, Balsamic Vinegar, Extra Virgin Olive Oil, Soybean Oil, Caramel Color, Raisin Juice Concentrate, Salt, Distilled Vinegar, Water, Mustard Seed, Salt, White Wine, Citric Acid, Turmeric, Spices, Tartaric Acid, Xanthan Gum, Spice, Citric Acid, Natural Flavor, Potassium Sorbate, Garlic, Titanium Dioxide, Calcium Disodium Edta.), 8" Hearty Grains Ultra Flour Tortilla (Water, Whole Grain Wheat Flour, Wheat Flour, Interesterified Soybean Oil, Hydrogenated Soybean Oil, Sugar, Vital Wheat Gluten, Salt, Sodium Bicarbonate, Sodium Acid Pyrophosphate, Distilled Monoglycerides, Enzymes, Calcium Carbonate, Citric Acid, Cellulose Gum, Guar Gum, Yeast, Fumaric Acid, Sodium Metabisulfite, Calcium Propionate, Sorbic Acid.), Sun-Dried Tomato & Olive Tapenade (Rehydrated Sun-Dried Tomatoes (Sun-Dried Tomatoes, Dry (Sun-Dried Tomato Strips, Glucose, Salt, Sulfur Dioxide, Citric Acid.), Water),



Kalamata Olives (Kalama Olives Pitted, Water, Salt, Vinegar, Olive Oil.), Olive Oil (Olive Oil.), Capers (Capers, Water, Vinegar, Salt.), Garlic, Fresh, Kosher Salt (Salt, Yellow Prussiate of Soda.), Table Ground Black Pepper (Black Peppercorns.), Spring Lettuce Mix, Black Beans, Red Onions, Fresh

Contains wheat, soy beans, gluten, mustard

BUFFALO CHICKEN WRAP

chicken strips tossed in buffalo sauce, tomatoes, lettuce and ranch dressing in a tortilla wrap

Nutrition Facts

Serv. Size: 1 Wrap (316g)

Amt Per Serving: Calories 590, Fat Cal 240, Total Fat 27g (42% DV), Sat. Fat 6g (30% DV), Trans Fat 0g, Cholest. 25mg (8% DV), Sodium 2100mg (88% DV), Total Carb. 69g (23% DV), Fiber 4g (16% DV), Sugar 4g, Protein 19g, Vitamin A (25% DV), Vitamin C (15% DV), Calcium (30% DV), Iron (25% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: 12" Pressed Flour Tortillas (Wheat Flour, Water, Interesterified Soybean Oil, Hydrogenated Soybean Oil and/or Palm Oil, Salt, Sodium Bicarbonate, Sodium Aluminum Sulfate, Corn Starch, Monocalcium Phosphate and/or Sodium Acid Pyrophosphate, Calcium Sulfate, Distilled Monoglycerides, Enzymes, Wheat Starch, Calcium Carbonate, Cellulose Gum, Fumaric Acid, Sodium Metabisulfite, Calcium Propionate, Sorbic Acid and/or Citric Acid.), BRD Southern Chicken TEND Fritters, Raw (Chicken Breast, Water, Wheat Flour, Salt, Sodium Phosphates. BREADER: Wheat Flour, Sodium Bicarbonate, Sodium Aluminum Phosphate, Monocalcium Phosphate, Maltodextrin, Autolyzed Yeast Extract, Torula Yeast, Green Bell Pepper, Calcium Carbonate, Guar Gum, Modified Cream, Partially Hydrogenated Soybean Oil, Cream, Powdered Buttermilk, Corn Syrup Solids, Sodium Caseinate, Annatto And Turmeric, Wheat Gluten, Egg Whites, Salt. Breeding Set In Vegetable Oil.), Shredded Lettuce, Tomatoes, Fresh, Frank's Red Hot Cayenne Pepper Sauce (Aged Cayenne Red Peppers, Vinegar, Water, Salt, and Garlic Powder.), HVR Ranch Dressing (Soybean Oil, Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Calcium Chloride, Cultured Pasteurized Skim Milk and Milk, Sodium Citrate, Water, High Fructose Corn Syrup, Egg Yolks, Distilled Vinegar, Cider Vinegar, Corn Vinegar, Sugar, Phosphoric Acid, Xanthan Gum, Propylene Glycol Alginate, Sodium Benzoate and Potassium Sorbate, Caramel Color, Calcium Disodium EDTA, OPA Carotenal.), Deep Fat Frying Oil (Canola Oil, TBHQ, Citric Acid, Dimethylpolysiloxane.), Celery Sticks

Contains milk, eggs, wheat, soy beans, gluten

CAESAR CHICKEN SALAD WRAP

grilled chicken, romaine, parmesan and caesar dressing in a tortilla wrap



Nutrition Facts

Serv. Size: 1 Wrap (286g)

Amt Per Serving: Calories 610, Fat Cal 250, Total Fat 27g (42% DV), Sat. Fat 8g (40% DV), Trans Fat 0g, Cholest. 80mg (27% DV), Sodium 1300mg (54% DV), Total Carb. 55g (18% DV), Fiber 3g (12% DV), Sugar 0g, Protein 33g, Vitamin A (100% DV), Vitamin C (4% DV), Calcium (40% DV), Iron (25% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: 12~ Pressed Flour Tortillas (Wheat Flour, Water, Interesterified Soybean Oil, Hydrogenated Soybean Oil and/or Palm Oil, Salt, Sodium Bicarbonate, Sodium Aluminum Sulfate, Corn Starch, Monocalcium Phosphate and/or Sodium Acid Pyrophosphate, Calcium Sulfate, Distilled Monoglycerides, Enzymes, Wheat Starch, Calcium Carbonate, Cellulose Gum, Fumaric Acid, Sodium Metabisulfite, Calcium Propionate, Sorbic Acid and/or Citric Acid.), Grilled Chicken Strips (CHICK Breast, BNLS,SKNLS,Raw,Random,MED (Ice Glazed Boneless Skinless Chicken Breast Fillets with Rib Meat.), Olive Oil (Olive Oil.), Garlic, Fresh, Ground Black Pepper (HC) (Black Peppercorns.)), Chopped Romaine Lettuce, HVR Robusto Caesar Salad Dressing (Soybean Oil, Water, Distilled Vinegar, Cultured Milk, Salt,Cultured Milk, Salt, Enzymes, Egg Yolks, Cultured Milk, Salt, Enzymes, Extra Virgin Olive Oil, Salt, Food Starch-Modified, Lemon Juice Concentrate, Garlic, Xanthan Gum, Polyorbate 60, Sodium Benzoate, Monosodium Glutamate, Pureed Anchovies, Caramel Color, Onion, Calcium Disodium EDTA), Shredded Parmesan Cheese (Part-Skim Milk, Cheese Culture, Salt, Enzymes, Powdered Cellulose.)

Contains milk, eggs, fish, wheat, soy beans, gluten, MSG

CHICKEN & CHEDDAR WRAP

warm wrap sandwich with roasted chicken and cheddar cheese

Nutrition Facts

Serv. Size: 1 Wrap (184g)

Amt Per Serving: Calories 460, Fat Cal 180, Total Fat 20g (31% DV), Sat. Fat 9g (45% DV), Trans Fat 0g, Cholest. 90mg (30% DV), Sodium 720mg (30% DV), Total Carb. 36g (12% DV), Fiber 2g (8% DV), Sugar 0g, Protein 31g, Vitamin A (6% DV), Vitamin C (0% DV), Calcium (35% DV), Iron (15% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Ice Glazed Boneless Skinless Chicken Breast Fillets with Rib Meat, water, Canola Oil, Extra Virgin Olive Oil, Ground Black Pepper, Wheat Flour, Interesterified Soybean Oil,Hydrogenated Soybean Oil and/or Pam, Salt,Sodium Bicarbonate, Sodium Aluminum Sulfate, Corn Starch, Monocalcium Phosphate and/or Sodium Acid Pyrophosphate, Calcium Sulfate, Distilled Monoglycerides, Enzymes, Wheat Starch, Calcium Carbonate, Tocopherols, Ascorbic Acid, Cellulose Gum, Fumaric Acid,



Sodium Metabisulfite, Calcium Propionate, Sorbic Acid and/or Citric Acid, Pasteurized milk, cheese culture, enzymes and annatto

Contains milk, wheat, soy beans, gluten

CHIPOTLE CHICKEN FAJITA WRAP

chipotle chicken & a black bean spread topped with fresh cilantro, grilled onions & peppers, then wrapped in a tortilla

Nutrition Facts

Serv. Size: 1 Wrap (216g)

Amt Per Serving: Calories 310, Fat Cal 80, Total Fat 9g (14% DV), Sat. Fat 2.5g (13% DV), Trans Fat 0g, Cholest. 60mg (20% DV), Sodium 710mg (30% DV), Total Carb. 32g (11% DV), Fiber 4g (16% DV), Sugar 4g, Protein 25g, Vitamin A (20% DV), Vitamin C (90% DV), Calcium (15% DV), Iron (10% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Chipotle Chicken Breast (Random) (CHICK Breast, BNLS,SKNLS,Raw,Random,MED (Ice Glazed Boneless Skinless Chicken Breast Fillets with Rib Meat.), Fresh Lime Juice, Chipotle Peppers in Adobo Sauce, Canned (Red Jalapeno Peppers, Water, Vinegar, Sugar, Salt, Tomato Paste, Smoke Essence, Onion, Potassium Sorbate, Garlic.), Garlic, Fresh, Salt (Salt.), Ground Cumin (Cumin.), Table Ground Black Pepper (Black Peppercorns.), Fajita Vegetable Blend (Red Peppers, Fresh (Red Peppers.), Green Peppers, Fresh (Green Peppers.), Yellow Onions, Fresh (Yellow Onions.), Fajita Seasoning (Salt, Corn Maltodextrin, Onion, Black Pepper, Autolyzed Yeast Extract, Garlic, Dextrose, Natural Flavor, Spice, Bromelain.), Vegetable Salad Oil (Soybean Oil.)), 8" Hearty Grains Ultra Flour Tortilla (Water, Whole Grain Wheat Flour, Wheat Flour, Interesterified Soybean Oil, Hydrogenated Soybean Oil, Sugar, Vital Wheat Gluten, Salt, Sodium Bicarbonate, Sodium Acid Pyrophosphate, Distilled Monoglycerides, Enzymes, Calcium Carbonate, Citric Acid, Cellulose Gum, Guar Gum, Yeast, Fumaric Acid, Sodium Metabisulfite, Calcium Propionate, Sorbic Acid.), Black Bean Spread (Black Beans, Sour Cream (Cultured Milk, Cream, Whey, Food Starch-Modified, Sodium Phosphate, Sodium Citrate, Guar Gum, Carrageenan, Calcium Sulfate, Potassium Sorbate and Locust Bean Gum.), Green Onions, Fresh, Fresh Lime Juice, Olive Oil (Olive Oil.), Jalapeno Peppers, Fresh, Cilantro Leaves, Fresh, Salt (Salt.), Garlic, Fresh, Ground Cumin (Cumin.)), Limes, Cilantro Leaves, Fresh

Contains milk, wheat, soy beans, gluten

CHIPOTLE TURKEY WRAP

oven roasted turkey wrap with cheddar cheese, crisp shredded lettuce, tomato, and chipotle bbq ranch spread



Nutrition Facts

Serv. Size: 1 Wrap (236g)

Amt Per Serving: Calories 350, Fat Cal 100, Total Fat 11g (17% DV), Sat. Fat 6g (30% DV), Trans Fat 0g, Cholest. 35mg (12% DV), Sodium 1250mg (52% DV), Total Carb. 42g (14% DV), Fiber 3g (12% DV), Sugar 0g, Protein 18g, Vitamin A (15% DV), Vitamin C (15% DV), Calcium (30% DV), Iron (15% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: 10~ Pressed Flour Tortillas (Wheat Flour, Water, Interesterified Soybean Oil, Hydrogenated Soybean Oil and/or Palm Oil, Salt, Sodium Bicarbonate, Sodium Aluminum Sulfate, Corn Starch, Monocalcium Phosphate and/or Sodium Acid Pyrophosphate, Calcium Sulfate, Distilled Monoglycerides, Enzymes, Wheat Starch, Calcium Carbonate, Cellulose Gum, Fumaric Acid, Sodium Metabisulfite, Calcium Propionate, Sorbic Acid and/or Citric Acid.), Shredded Lettuce, Oven Roasted Turkey Breast (Turkey Breast Meat, Turkey Broth, Salt, Modified Food Starch, Sugar, Carrageenan, Sodium Phosphate, Flavoring.), Tomatoes, Fresh, Chipotle BBQ Ranch Spread (HVR Original Light Ranch Dressing (Water, Cultured Pasteurized Skim Milk and Milk, Sodium Citrate, Salt, Corn Syrup, Soybean Oil, Food Starch-Modified, Monosodium Glutamate, Sugar, Dried Garlic, Dried Onion, Whey Protein Concentrate, Corn Syrup, Spices, Xanthan Gum, Sorbic Acid and Calcium Disodium EDTA, Citric Acid, Calcium Stearate, Distilled Vinegar, Egg Yolks, Cultured Buttermilk Solids, Whey Solids, Phosphoric Acid, Sodium Benzoate and Potassium Sorbate, Propylene Glycol Alginate, Xanthan Gum, Calcium Disodium EDTA), Cattlemen's Original BBQ Sauce (Distilled Vinegar, Tomato Paste, High Fructose Corn Syrup, Water, Corn Syrup, Salt, Mustard Bran, Molasses, Spices, Onion Powder, Sodium Benzoate, Garlic Powder, Caramel Color, Sugar, and Natural Flavor.), Chipotle Peppers in Adobo Sauce, Canned (Red Jalapeno Peppers, Water, Vinegar, Sugar, Salt, Tomato Paste, Smoke Essence, Onion, Potassium Sorbate, Garlic.), Cilantro Leaves, Fresh), Mild Cheddar Cheese (Pasteurized milk, cheese culture, salt, enzymes and annatto)

Contains milk, eggs, wheat, soy beans, gluten, MSG, mustard

FRIED CHICKEN WRAP

crispy-fried chicken, served cold, with crisp bacon, shredded lettuce and tomato with ranch dressing on flour tortilla

Nutrition Facts

Serv. Size: 1 Wrap (323g)

Amt Per Serving: Calories 770, Fat Cal 390, Total Fat 43g (66% DV), Sat. Fat 15g (75% DV), Trans Fat 0g, Cholest. 70mg (23% DV), Sodium 1860mg (78% DV), Total Carb. 67g (22% DV), Fiber 4g (16% DV), Sugar



3g, Protein 29g, Vitamin A (15% DV), Vitamin C (10% DV), Calcium (50% DV), Iron (25% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: 12" Pressed Flour Tortillas (Wheat Flour, Water, Interesterified Soybean Oil, Hydrogenated Soybean Oil and/or Palm Oil, Salt, Sodium Bicarbonate, Sodium Aluminum Sulfate, Corn Starch, Monocalcium Phosphate and/or Sodium Acid Pyrophosphate, Calcium Sulfate, Distilled Monoglycerides, Enzymes, Wheat Starch, Calcium Carbonate, Cellulose Gum, Fumaric Acid, Sodium Metabisulfite, Calcium Propionate, Sorbic Acid and/or Citric Acid.), Shredded Lettuce, Crispy Chicken Tenders (BRD Southern Chicken TEND Fritters, Raw (Chicken Breast, Water, Wheat Flour, Salt, Sodium Phosphates. BREADER: Wheat Flour, Sodium Bicarbonate, Sodium Aluminum Phosphate, Monocalcium Phosphate, Maltodextrin, Autolyzed Yeast Extract, Torula Yeast, Green Bell Pepper, Calcium Carbonate, Guar Gum, Modified Cream, Partially Hydrogenated Soybean Oil, Cream, Powdered Buttermilk, Corn Syrup Solids, Sodium Caseinate, Annatto And Turmeric, Wheat Gluten, Egg Whites, Salt. Breeding Set In Vegetable Oil.), Deep Fat Frying Oil (Canola Oil, TBHQ, Citric Acid, Dimethylpolysiloxane.)), HVR Original Ranch Dressing (Soybean Oil, Water, Cultured Pasteurized Skim Milk and Milk, Sodium Citrate and Salt, Food Starch- Modified, Monosodium Glutamate, Sugar, Dried Garlic, Dried Onion, Whey Protein Concentrate, Corn Syrup, Xanthan Gum, Sorbic Acid and Calcium Disodium EDTA, Citric Acid, Calcium Stearate, Egg Yolks, Distilled Vinegar), Plum Tomatoes, Fresh, Cheddar Jack Cheese (Pasteurized milk, cheese culture, salt, enzymes, annatto, Potato Cellulose), Crisp Bacon Slice (Bacon, 22-26ct/#, Raw (Fresh Pork Bellies, Water, Salt, Sugar, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite.))

Contains milk, eggs, wheat, soy beans, gluten, MSG

GRILLED VEGETABLE WRAP

balsamic roasted vegetables rolled in a soft tortilla with crisp romaine lettuce

Nutrition Facts

Serv. Size: 1 Wrap (326g)

Amt Per Serving: Calories 430, Fat Cal 120, Total Fat 14g (22% DV), Sat. Fat 4g (20% DV), Trans Fat 0g, Cholest. 0mg (0% DV), Sodium 830mg (35% DV), Total Carb. 68g (23% DV), Fiber 10g (40% DV), Sugar 7g, Protein 12g, Vitamin A (110% DV), Vitamin C (170% DV), Calcium (30% DV), Iron (25% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Roast Vegetables (Red Peppers, Fresh, Green Peppers, Fresh (Green Peppers.), Zucchini, Fresh, Yellow Squash, Fresh, Yellow Onions, Fresh (Yellow Onions.), Mushrooms, Fresh, Balsamic Vinegar (Balsamic Vinegar), Olive Oil (Olive Oil.), Fresh Basil Leaves, Garlic, Fresh, Ground Black Pepper (HC) (Black Peppercorns.), 12" Whole Wheat Tortilla Wrap (Whole Wheat Flour, Water, Interesterified Soybean Oil, Hydrogenated Soybean Oil, Palm Oil, Salt, Sodium Bicarbonate, Sodium



Aluminum Sulfate, Corn Starch, Monocalcium Phosphate, Sodium Acid Pyrophosphate, Calcium Sulfate, Distilled Monoglycerides, Enzymes, Wheat Starch, Calcium Carbonate, Cellulose Gum, Fumaric Acid, Sodium Metabisulfite, Calcium Propionate, Sorbic Acid, Citric Acid.), Chopped Romaine Lettuce, Seasoned Flatbread Croutons (Oven Fired Thin Flatbread (Flour, Malted Barley Flour, Ascorbic Acid, Water, Soybean Oil, Nonfat Dry Milk, Honey, Salt, Yeast, Guar Gum, Sodium Stearoyl Lactylate, Dextrose, Enzymes, Sodium Acid Pyrophosphate, Sodium Bicarbonate, Monocalcium Phosphate.), Olive Oil (Olive Oil.), Garlic, Fresh, Minced Dehydrated Onion (Onion.), Italian Seasoning (Marjoram, Thyme, Rosemary, Savory, Sage, Oregano, and Basil.), Ground Black Pepper (HC) (Black Peppercorns.))

Contains milk, wheat, soy beans, gluten

HONEY MUSTARD CHICKEN WRAP

Nutrition Facts

Serv. Size: 1 Wrap (275g)

Amt Per Serving: Calories 530, Fat Cal 200, Total Fat 22g (34% DV), Sat. Fat 8g (40% DV), Trans Fat 0g, Cholest. 60mg (20% DV), Sodium 920mg (38% DV), Total Carb. 57g (19% DV), Fiber 3g (12% DV), Sugar 0g, Protein 25g, Vitamin A (15% DV), Vitamin C (10% DV), Calcium (35% DV), Iron (20% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: 12~ Pressed Flour Tortillas (Wheat Flour, Water, Interesterified Soybean Oil, Hydrogenated Soybean Oil and/or Palm Oil, Salt, Sodium Bicarbonate, Sodium Aluminum Sulfate, Corn Starch, Monocalcium Phosphate and/or Sodium Acid Pyrophosphate, Calcium Sulfate, Distilled Monoglycerides, Enzymes, Wheat Starch, Calcium Carbonate, Cellulose Gum, Fumaric Acid, Sodium Metabisulfite, Calcium Propionate, Sorbic Acid and/or Citric Acid.), Shredded Lettuce, Grilled Chicken Strips (CHICK Breast, BNLS,SKNLS,Raw,Random,MED (Ice Glazed Boneless Skinless Chicken Breast Fillets with Rib Meat.), Olive Oil (Olive Oil.), Garlic, Fresh, Ground Black Pepper (HC) (Black Peppercorns.)), Tomatoes, Fresh, HVR Sweet & Spicy Honey Mustard Dressing (Soybean Oil, Water, Honey, High Fructose Corn Syrup, Distilled Vinegar, Egg Yolks, Cider Vinegar, Mustard Seed, Salt, Mustard Bran, Sodium Benzoate , Xanthan Gum, Turmeric, Onion, Propylene Glycol Alginate, Calcium Disodium EDTA, Paprika.), Shredded Cheddar Cheese (Pasteurized milk, cheese culture, salt, enzymes and annatto, Potato Cellulose)

Contains milk, eggs, wheat, soy beans, gluten, mustard

HUMMUS & GRILLED VEGETABLE WRAP

hummus and roasted eggplant, zucchini, red pepper in a whole wheat wrap with lettuce, tomato, and a light vinaigrette



Nutrition Facts

Serv. Size: 1 Wrap (302g)

Amt Per Serving: Calories 400, Fat Cal 110, Total Fat 12g (18% DV), Sat. Fat 3.5g (18% DV), Trans Fat 0g, Cholest. 0mg (0% DV), Sodium 940mg (39% DV), Total Carb. 65g (22% DV), Fiber 9g (36% DV), Sugar 9g, Protein 12g, Vitamin A (25% DV), Vitamin C (70% DV), Calcium (30% DV), Iron (20% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: 12" Whole Wheat Tortilla Wrap (Whole Wheat Flour, Water, Interesterified Soybean Oil, Hydrogenated Soybean Oil, Palm Oil, Salt, Sodium Bicarbonate, Sodium Aluminum Sulfate, Corn Starch, Monocalcium Phosphate, Sodium Acid Pyrophosphate, Calcium Sulfate, Distilled Monoglycerides, Enzymes, Wheat Starch, Calcium Carbonate, Cellulose Gum, Fumaric Acid, Sodium Metabisulfite, Calcium Propionate, Sorbic Acid, Citric Acid.), Roasted Marinated Vegetables (Red Peppers, Fresh (Red Peppers.), Eggplant, Fresh, Zucchini, Fresh, Red Onions, Fresh (Yellow Onions.), Low Fat Balsamic Vinaigrette (Water, Sugar, Distilled Vinegar, Balsamic Vinegar, Extra Virgin Olive Oil, Soybean Oil, Caramel Color, Raisin Juice Concentrate, Salt, Distilled Vinegar, Water, Mustard Seed, Salt, White Wine, Citric Acid, Turmeric, Spices, Tartaric Acid, Xanthan Gum, Spice, Citric Acid, Natural Flavor, Potassium Sorbate, Garlic, Titanium Dioxide, Calcium Disodium Edta.)), Shredded Lettuce, Tomatoes, Fresh, Hummus (Fresh Steamed Chickpeas, Sunflower Oil, Olive Oil, Sesame Tahini, Water, Sea Salt, Citric Acid, Roasted Garlic, Guar Gum, Cumin.)

Contains wheat, soy beans, gluten, mustard

ROAST BEEF & CHEDDAR WRAP

warm wrap sandwich with roast beef and cheddar cheese

Nutrition Facts

Serv. Size: 1 Wrap (183g)

Amt Per Serving: Calories 430, Fat Cal 150, Total Fat 17g (26% DV), Sat. Fat 9g (45% DV), Trans Fat 0g, Cholest. 75mg (25% DV), Sodium 760mg (32% DV), Total Carb. 36g (12% DV), Fiber 1g (4% DV), Sugar 0g, Protein 34g, Vitamin A (6% DV), Vitamin C (0% DV), Calcium (35% DV), Iron (20% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Beef Inside Round,, Salt, Caramel Color, Black Pepper, Wheat Flour, Water, Interesterified Soybean Oil, Hydrogenated Soybean Oil and/or Palm Oil), Sodium Bicarbonate, Sodium Aluminum Sulfate, Corn Starch, Monocalcium Phosphate and/or Sodium Acid Pyrophosphate, Calcium Sulfate, Distilled Monoglycerides, Enzymes, Wheat Starch, Calcium Carbonate, Antioxidants,



Cellulose Gum, gum Metabisulfite, Calcium Propionate, Sorbic Acid and/or Citric Acid, Pasteurized milk, cheese culture, salt, enzymes and annatto

Contains milk, wheat, soy beans, gluten

ROAST TURKEY CLUB WRAP

turkey, bacon, lettuce, tomato & mayo in a tortilla wrap

Nutrition Facts

Serv. Size: 1 Wrap (315g)

Amt Per Serving: Calories 510, Fat Cal 160, Total Fat 18g (28% DV), Sat. Fat 6g (30% DV), Trans Fat 0g, Cholest. 45mg (15% DV), Sodium 1770mg (74% DV), Total Carb. 58g (19% DV), Fiber 3g (12% DV), Sugar 4g, Protein 30g, Vitamin A (15% DV), Vitamin C (15% DV), Calcium (25% DV), Iron (20% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: 12" Pressed Flour Tortillas (Wheat Flour, Water, Interesterified Soybean Oil, Hydrogenated Soybean Oil and/or Palm Oil, Salt, Sodium Bicarbonate, Sodium Aluminum Sulfate, Corn Starch, Monocalcium Phosphate and/or Sodium Acid Pyrophosphate, Calcium Sulfate, Distilled Monoglycerides, Enzymes, Wheat Starch, Calcium Carbonate, Cellulose Gum, Fumaric Acid, Sodium Metabisulfite, Calcium Propionate, Sorbic Acid and/or Citric Acid.), Oil Browned Turkey Breast (Turkey Breast Meat, Turkey Broth, Salt, Dextrose, Sodium Phosphate, Flavoring, Vegetable Oil.), Shredded Lettuce, Tomatoes, Fresh, Low Calorie, No Cholesterol Mayonnaise (Water, Soybean Oil, Corn Syrup, Modified Food Starch, Distilled Vinegar, Egg White, Sugar, Salt, Xanthan Gum, Lemon Juice Concentrate, Cellulose Gel and Cellulose Gum, Mustard, Phosphoric Acid, Sorbic Acid and Calcium Disodium EDTA, Polysorbate 60, -Apo-8'-carotenal and Turmeric), Bacon Strips (Pork, Water, Salt, Sugar, Smoke Flavor, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite.)

Contains eggs, wheat, soy beans, gluten, mustard

TACO SALAD WRAP

sliced steak, cheddar, lettuce, salsa & sour cream in a tortilla wrap

Nutrition Facts

Serv. Size: 1 Wrap (362g)

Amt Per Serving: Calories 590, Fat Cal 200, Total Fat 22g (34% DV), Sat. Fat 12g (60% DV), Trans Fat 0g, Cholest. 80mg (27% DV), Sodium 1560mg (65% DV), Total Carb. 60g (20% DV), Fiber 4g (16% DV), Sugar



4g, Protein 37g, Vitamin A (25% DV), Vitamin C (25% DV), Calcium (50% DV), Iron (30% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: 12" Pressed Flour Tortillas (Wheat Flour, Water, Interesterified Soybean Oil, Hydrogenated Soybean Oil and/or Palm Oil, Salt, Sodium Bicarbonate, Sodium Aluminum Sulfate, Corn Starch, Monocalcium Phosphate and/or Sodium Acid Pyrophosphate, Calcium Sulfate, Distilled Monoglycerides, Enzymes, Wheat Starch, Calcium Carbonate, Cellulose Gum, Fumaric Acid, Sodium Metabisulfite, Calcium Propionate, Sorbic Acid and/or Citric Acid.), Beef Top Round, Cooked, Medium Rare (Cooked Roast Beef Top Round, Sodium Lactate, Sodium Phosphate, Sodium Diacetate, Salt, Hydrolyzed Corn Protein, Flavoring. Coated with Caramel Color, Pepper.), Shredded Lettuce, Tomatoes, Fresh, Mild Thick & Chunky Salsa (Water, Concentrated Crushed Tomatoes, Fresh Onion, Fresh Jalapeno Peppers, Diced Tomatoes in Tomato Juice, Distilled Vinegar, Salt, Dehydrated Onions, Garlic and Natural Flavoring.), Shredded Cheddar Cheese (Pasteurized milk, cheese culture, salt, enzymes and annatto, Potato Cellulose), Light Sour Cream

Contains milk, wheat, soy beans, gluten

TEX MEX TURKEY WRAP

roast turkey, herb mayonnaise, roasted corn salsa, cheddar cheese and crisp romaine lettuce wrapped in a tomato tortilla

Nutrition Facts

Serv. Size: 1 Wrap (316g)

Amt Per Serving: Calories 640, Fat Cal 260, Total Fat 29g (45% DV), Sat. Fat 11g (55% DV), Trans Fat 0g, Cholest. 75mg (25% DV), Sodium 1660mg (69% DV), Total Carb. 60g (20% DV), Fiber 4g (16% DV), Sugar 3g, Protein 34g, Vitamin A (90% DV), Vitamin C (25% DV), Calcium (45% DV), Iron (25% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: 12" Sundried Tomato Basil Tortilla Wrap (Wheat Flour, Water, Interesterified Soybean Oil, Hydrogenated Soybean Oil and/or Palm Oil, Tomato Powder, Spice, Salt, Sugar, Red Bell Pepper, Sun Dried Tomato, Soybean Oil, Autolyzed Yeast Extract, Onion Powder, Garlic Powder, Citric Acid, Natural and Artificial Flavor, Extractives of Paprika, Sulfiting Agents, Sodium Bicarbonate, Sodium Aluminum Sulfate, Corn Starch, Monocalcium Phosphate and/or Sodium Acid Pyrophosphate, Calcium Sulfate, Distilled Monoglycerides, Enzymes, Wheat Starch, Calcium Carbonate, Vital Wheat Gluten, Cellulose Gum, Fumaric Acid, Sodium Metabisulfite, Calcium Propionate and Sorbic Acid.), Oil Browned Turkey Breast (Turkey Breast Meat, Turkey Broth, Salt, Dextrose, Sodium Phosphate, Flavoring, Vegetable Oil.), Romaine Lettuce, Roasted Corn Salsa (Corn, Frozen (Corn.), Plum Tomatoes, Fresh, Roasted Sweet Red Peppers (Roasted Red Peppers, Water, Salt, Citric Acid.), Red Onions, Fresh, Fresh



Lime Juice, Jalapeno Peppers, Fresh, Canola Olive Oil Blend, 80:20 (Canola Oil, Extra Virgin Olive Oil.), Cilantro Leaves, Fresh, Salt (Salt.), Table Ground Black Pepper (Black Peppercorns.), Mild Cheddar Cheese (Pasteurized milk, cheese culture, salt, enzymes and annatto), Herb Mayonnaise (Mayonnaise (Soybean Oil, Egg Yolk, Water, Corn Syrup, Distilled Vinegar, Salt, High Fructose Corn Syrup, Mustard Seed, Calcium Disodium EDTA), Fresh Thyme Leaves, Fresh Oregano Leaves, Fresh Rosemary Leaves, Salt (Salt.), Ground Black Pepper (HC) (Black Peppercorns.))

Contains milk, eggs, wheat, soy beans, gluten, mustard

TURKEY & CHEDDAR WRAP

warm wrap sandwich with oven roasted turkey and pepper jack cheese

Nutrition Facts

Serv. Size: 1 Wrap (182g)

Amt Per Serving: Calories 380, Fat Cal 140, Total Fat 15g (23% DV), Sat. Fat 8g (40% DV), Trans Fat 0g, Cholest. 55mg (18% DV), Sodium 1380mg (58% DV), Total Carb. 36g (12% DV), Fiber 1g (4% DV), Sugar < 1g, Protein 25g, Vitamin A (6% DV), Vitamin C (0% DV), Calcium (40% DV), Iron (15% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Turkey Breast Meat, Turkey Broth, Salt, Modified Food Starch, Sugar, Carrageenan, Sodium Phosphate, Flavoring, Wheat Flour, Water, Interesterified Soybean Oil, Hydrogenated Soybean Oil and/or Palm Oil, Sodium Bicarbonate, Sodium Aluminum Sulfate, Corn Starch, Monocalcium Phosphate and/or Sodium Acid Pyrophosphate, Calcium Sulfate, Distilled Monoglycerides, Enzymes, Wheat Starch, Calcium Carbonate, Tocopherols, Ascorbic Acid), Cellulose Gum, Fumaric Acid, Sodium Metabisulfite, Calcium Propionate, Sorbic Acid and/or Citric Acid, Pasteurized milk, cheese culture, annatto

Contains milk, wheat, soy beans, gluten

TURKEY CHIPOTLE WRAP

oven roasted turkey wrap stuffed with cheddar cheese, shredded lettuce, tomato, and spicy chipotle ranch spread

Nutrition Facts

Serv. Size: 1 Wrap (289g)

Amt Per Serving: Calories 450, Fat Cal 120, Total Fat 14g (22% DV), Sat. Fat 7g (35% DV), Trans Fat 0g, Cholest. 35mg (12% DV), Sodium 1490mg (62% DV), Total Carb. 59g (20% DV), Fiber 4g (16% DV), Sugar



5g, Protein 21g, Vitamin A (15% DV), Vitamin C (20% DV), Calcium (35% DV), Iron (20% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: 12" Pressed Flour Tortillas (Wheat Flour, Water, Interesterified Soybean Oil, Hydrogenated Soybean Oil and/or Palm Oil, Salt, Sodium Bicarbonate, Sodium Aluminum Sulfate, Corn Starch, Monocalcium Phosphate and/or Sodium Acid Pyrophosphate, Calcium Sulfate, Distilled Monoglycerides, Enzymes, Wheat Starch, Calcium Carbonate, Cellulose Gum, Fumaric Acid, Sodium Metabisulfite, Calcium Propionate, Sorbic Acid and/or Citric Acid.), Shredded Lettuce, Oven Roasted Turkey Breast (Turkey Breast Meat, Turkey Broth, Salt, Modified Food Starch, Sugar, Carrageenan, Sodium Phosphate, Flavoring.), Tomatoes, Fresh, Chipotle Ranch Spread (HVR Original Light Ranch Dressing (Water, Cultured Pasteurized Skim Milk and Milk, Sodium Citrate, Salt, Corn Syrup, Soybean Oil, Food Starch-Modified, Monosodium Glutamate, Sugar, Dried Garlic, Dried Onion, Whey Protein Concentrate, Corn Syrup, Spices, Xanthan Gum, Sorbic Acid and Calcium Disodium EDTA, Citric Acid, Calcium Stearate, Distilled Vinegar, Egg Yolks, Cultured Buttermilk Solids, Whey Solids, Phosphoric Acid, Sodium Benzoate and Potassium Sorbate, Propylene Glycol Alginate, Xanthan Gum, Calcium Disodium EDTA), Cattlemen's Original BBQ Sauce (Distilled Vinegar, Tomato Paste, High Fructose Corn Syrup, Water, Corn Syrup, Salt, Mustard Bran, Molasses, Spices, Onion Powder, Sodium Benzoate, Garlic Powder, Caramel Color, Sugar, and Natural Flavor.), Chipotle Peppers in Adobo Sauce, Canned (Red Jalapeno Peppers, Water, Vinegar, Sugar, Salt, Tomato Paste, Smoke Essence, Onion, Potassium Sorbate, Garlic.), Cilantro Leaves, Fresh), Shredded Cheddar Cheese (Pasteurized milk, cheese culture, salt, enzymes and annatto, Potato Cellulose)

Contains milk, eggs, wheat, soy beans, gluten, MSG, mustard

TURKEY, HAM & CHEDDAR WRAP

warm wrap sandwich with oven roasted turkey, deli ham and cheddar cheese

Nutrition Facts

Serv. Size: 1 Wrap (184g)

Amt Per Serving: Calories 400, Fat Cal 140, Total Fat 16g (25% DV), Sat. Fat 9g (45% DV), Trans Fat 0g, Cholest. 60mg (20% DV), Sodium 1540mg (64% DV), Total Carb. 39g (13% DV), Fiber 1g (4% DV), Sugar 2g, Protein 25g, Vitamin A (6% DV), Vitamin C (0% DV), Calcium (35% DV), Iron (15% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Wheat Flour, Water, Interesterified Soybean Oil, Hydrogenated Soybean Oil and/or Palm Oil), Salt, Sodium Bicarbonate, Sodium Aluminum Sulfate, Corn Starch, Monocalcium Phosphate and/or Sodium Acid Pyrophosphate, Calcium Sulfate, Distilled Monoglycerides, Enzymes, Wheat Starch, Calcium Carbonate, Trocopherols, Ascorbic Acid, Cellulose Gum, Fumaric Acid, Sodium



Metabisulfite, Calcium Propionate, Sorbic Acid and/or Citric Acid, Turkey Breast Meat, Turkey Broth, Modified Food Starch, Sugar, Carrageenan, Sodium Phosphate, Flavoring, Pork Hams, Dextrose, Potassium Lactate, Sodium Phosphate, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrite, Smoke Flavoring, Pasteurized milk, cheese culture, enzymes and annatto

Contains milk, wheat, soy beans, gluten

MIXED BERRIES WITH YOGURT SNACK CUP

Nutrition Facts

Serv. Size: 1 Snack Cup (198g)

Amt Per Serving: Calories 130, Fat Cal 10, Total Fat 1g (2% DV), Sat. Fat 0g (0% DV), Trans Fat 0g, Cholest. < 5mg (1% DV), Sodium 35mg (1% DV), Total Carb. 28g (9% DV), Fiber 3g (12% DV), Sugar 21g, Protein 3g, Vitamin A (6% DV), Vitamin C (80% DV), Calcium (8% DV), Iron (4% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Fresh Blueberries, Fresh Whole Strawberries, Low Fat Vanilla Yogurt (Cultured Pasteurized Grade A Reduced Fat Milk, Sugar, High Fructose Corn Syrup, Modified Corn Starch, Whey Protein Concentrate, Nonfat Milk, Kosher Gelatin, Potassium Sorbate, Natural Flavor, active Yogurt Cultures including *L. acidophilus*.)

Contains milk

FRESH FRUIT CUP

chunks of fresh cantaloupe, honeydew, watermelon and seedless grapes. perfect for a wholesome dessert or anytime snack

Nutrition Facts

Serv. Size: 1 Cup (170g)

Amt Per Serving: Calories 70, Fat Cal 0, Total Fat 0g (0% DV), Sat. Fat 0g (0% DV), Trans Fat 0g, Cholest. 0mg (0% DV), Sodium 15mg (1% DV), Total Carb. 18g (6% DV), Fiber 1g (4% DV), Sugar 16g, Protein 1g, Vitamin A (35% DV), Vitamin C (45% DV), Calcium (2% DV), Iron (2% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Watermelon, Cantaloupe, 18ct, Red Seedless Grapes, Honeydew Melon, Fresh

COTTAGE CHEESE CUP



Nutrition Facts

Serv. Size: 5 oz Cups (170g)

Amt Per Serving: Calories 120, Fat Cal 15, Total Fat 1.5g (2% DV), Sat. Fat 1g (5% DV), Trans Fat 0g, Cholest. 5mg (2% DV), Sodium 690mg (29% DV), Total Carb. 5g (2% DV), Fiber 0g (0% DV), Sugar 5g, Protein 21g, Vitamin A (2% DV), Vitamin C (0% DV), Calcium (10% DV), Iron (2% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Low Fat Cottage Cheese (Skim Milk, Cream, Salt, Whey, Guar Gum, Potassium Sorbate, Citric Acid, Corn Starch, Locust Bean Gum, Carrageenan, Sodium Phosphate, Potassium Phosphate)

Contains milk

CHEESE & GRAPES SNACK

it's a party in a cup - red grapes & cheddar cheese cubes

Nutrition Facts

Serv. Size: 1 Snack Cup (111g)

Amt Per Serving: Calories 270, Fat Cal 170, Total Fat 19g (29% DV), Sat. Fat 12g (60% DV), Trans Fat 0g, Cholest. 60mg (20% DV), Sodium 350mg (15% DV), Total Carb. 11g (4% DV), Fiber 0g (0% DV), Sugar 9g, Protein 15g, Vitamin A (10% DV), Vitamin C (2% DV), Calcium (40% DV), Iron (4% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Cheddar Cheese Cubes (Pasteurized milk, cheese culture, salt, enzymes, annatto color.), Red Seedless Grapes

Contains milk

CHOCOLATE PUDDING CUP

creamy chocolate pudding

Nutrition Facts

Serv. Size: 1 Pudding Cup (117g)

Amt Per Serving: Calories 120, Fat Cal 30, Total Fat 3.5g (5% DV), Sat. Fat 3g (15% DV), Trans Fat 0g, Cholest. 0mg (0% DV), Sodium 170mg (7% DV), Total Carb. 23g (8% DV), Fiber < 1g (4% DV), Sugar 0g,



Protein 1g, Vitamin A (2% DV), Vitamin C (0% DV), Calcium (2% DV), Iron (2% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Chocolate Pudding (Water, Skim Milk, Sugar, Corn Starch-Modified, Whey, Cocoa, Coconut Oil, Cornstarch, Maltodextrin, Salt, Mono and Diglycerides, Artificial Flavors, Sodium Stearoyl Lactylate.), On Top Whipped Topping (Water, High Fructose Corn Syrup, Partially Hydrogenated Palm Kernel Oil, Dextrose, Artificial Flavor, Polysorbate 60, Sorbitan Monostearate, Guar Gum, Xanthan Gum, Turmeric And Annatto Extracts.)

Contains milk

STRAWBERRY GELATIN

strawberry flavored jell-o cut in cubes

Nutrition Facts

Serv. Size: #8 Scoop (135g)

Amt Per Serving: Calories 80, Fat Cal 0, Total Fat 0g (0% DV), Sat. Fat 0g (0% DV), Trans Fat 0g, Cholest. 0mg (0% DV), Sodium 95mg (4% DV), Total Carb. 18g (6% DV), Fiber 0g (0% DV), Sugar 18g, Protein 2g, Vitamin A (0% DV), Vitamin C (25% DV), Calcium (0% DV), Iron (0% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Water, Ice Cubes, Strawberry Gelatin Powder (Sugar, corn sugar, gelatin, adipic acid, sodium phosphate, sodium citrate, artificial flavor, ascorbic acid, red 40, red 40 lake.)

OREO CRUMBLE PUDDING CUP

chocolate pudding with oreo crumbles

Nutrition Facts

Serv. Size: 1 Pudding Cup (131g)

Amt Per Serving: Calories 200, Fat Cal 60, Total Fat 6g (9% DV), Sat. Fat 4g (20% DV), Trans Fat 0g, Cholest. 0mg (0% DV), Sodium 250mg (10% DV), Total Carb. 36g (12% DV), Fiber 0g (0% DV), Sugar 21g, Protein 1g, Vitamin A (0% DV), Vitamin C (0% DV), Calcium (2% DV), Iron (4% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Chocolate Pudding (Water, Sugar, Skim Milk, Cornstarch-Modified, Maltodextrin, Coconut Oil, Cornstarch, Salt, Natural and Artificial flavor, Sodium Stearoyl Lactylate, Mono and Diglycerides, Sodium Phosphate, FD&C Yellow No. 5, FD&C Yellow No. 6.), Medium Oreo Cookie



Crumbles (Sugar, Wheat Flour, High Oleic Canola Oil And/Or Palm Oil And/Or Canola Oil And/Or Soybean Oil, Cocoa, High Fructose Corn Syrup, Cornstarch, Baking Soda And/Or Calcium Phosphate, Salt, Soy Lecithin, Vanillin, Chocolate.), On Top Whipped Topping (Water, High Fructose Corn Syrup, Partially Hydrogenated Palm Kernel Oil, Dextrose, Artificial Flavor, Polysorbate 60, Sorbitan Monostearate, Guar Gum, Xanthan Gum, Turmeric And Annatto Extracts.)

Contains milk, wheat, soy beans, gluten

DIRT PUDDING CUP

creamy chocolate pudding with oreo crumbles and gummy candy worms

Nutrition Facts

Serv. Size: 1 Pudding Cup (155g)

Amt Per Serving: Calories 300, Fat Cal 70, Total Fat 8g (12% DV), Sat. Fat 3.5g (18% DV), Trans Fat 0g, Cholest. 0mg (0% DV), Sodium 290mg (12% DV), Total Carb. 56g (19% DV), Fiber 2g (8% DV), Sugar 34g, Protein 2g, Vitamin A (2% DV), Vitamin C (0% DV), Calcium (4% DV), Iron (10% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Chocolate Pudding (Water, Skim Milk, Sugar, Corn Starch-Modified, Whey, Cocoa, Coconut Oil, Cornstarch, Maltodextrin, Salt, Mono and Diglycerides, Artificial Flavors, Sodium Stearoyl Lactylate.), Medium Oreo Cookie Crumbles (Sugar, Wheat Flour, High Oleic Canola Oil And/Or Palm Oil And/Or Canola Oil And/Or Soybean Oil, Cocoa, High Fructose Corn Syrup, Cornstarch, Baking Soda And/Or Calcium Phosphate, Salt, Soy Lecithin, Vanillin, Chocolate.), Gummy Candy Worms (Corn Syrup, Sugar, Gelatin, Citric Acid, Red 40, Yellow 6, Yellow 5, Blue 1, Carnauba Wax.)

Contains milk, wheat, soy beans, gluten

YOGURT PARFAIT

Nutrition Facts

Serv. Size: 1 Parfait (182g)

Amt Per Serving: Calories 230, Fat Cal 25, Total Fat 2.5g (4% DV), Sat. Fat 1g (5% DV), Trans Fat 0g, Cholest. 5mg (2% DV), Sodium 125mg (5% DV), Total Carb. 47g (16% DV), Fiber 2g (8% DV), Sugar 32g, Protein 7g, Vitamin A (25% DV), Vitamin C (25% DV), Calcium (15% DV), Iron (6% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Low Fat Vanilla Yogurt (Cultured Pasteurized Grade A Reduced Fat Milk, Sugar, High Fructose Corn Syrup, Modified Corn Starch, Whey Protein Concentrate, Nonfat Milk, Kosher



Gelatin, Potassium Sorbate, Natural Flavor, active Yogurt Cultures including *L. acidophilus.*), Fresh Fruit Salad (Cantaloupe, 18ct, Honeydew Melon, Fresh, Red Seedless Grapes, Fresh Whole Strawberries, Fresh Pineapple (Pineapple.)), Low Fat Granola (Whole oats, whole grain wheat, sugar, corn syrup, rice, almonds, molasses, modified corn starch, high fructose corn syrup, palm oil, salt, cinnamon, nonfat dry milk, polyglycerol esters of mono- and diglycerides, malt flavor)

Contains milk, wheat, tree nuts, gluten

BLENDABLES GOLDEN GRAHAM S'MORE PARFAIT

creamy vanilla yogurt with mini marshmallows, semi-sweet chocolate chips, chocolate syrup & golden grahams cereal

Nutrition Facts

Serv. Size: 1 Parfait (211g)

Amt Per Serving: Calories 350, Fat Cal 50, Total Fat 5g (8% DV), Sat. Fat 3g (15% DV), Trans Fat 0g, Cholest. 10mg (3% DV), Sodium 220mg (9% DV), Total Carb. 68g (23% DV), Fiber 1g (4% DV), Sugar 52g, Protein 8g, Vitamin A (20% DV), Vitamin C (8% DV), Calcium (25% DV), Iron (15% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Low Fat Vanilla Yogurt (Cultured Pasteurized Grade A Reduced Fat Milk, Sugar, High Fructose Corn Syrup, Modified Corn Starch, Whey Protein Concentrate, Nonfat Milk, Kosher Gelatin, Potassium Sorbate, Natural Flavor, active Yogurt Cultures including *L. acidophilus.*), Mini Marshmallows (Corn Syrup, Sugar, Dextrose, Modified Corn Starch, Water, Gelatin, Tetrasodium Pyrophosphate, Blue 1), Golden Grahams (Whole Grain Wheat, Sugar, Corn Meal, Brown Sugar Syrup, Canola and/or Rice Bran Oil, Dextrose, Baking Soda, Salt, Trisodium Phosphate, BHT), Chocolate Chips, 1000 ct (Sugar; Chocolate; Cocoa Butter; Milk Fat; Soy Lecithin; And Vanillin, Milk.), Chocolate Syrup (High Fructose Corn Syrup; Corn Syrup; Water; Cocoa; Sugar, Potassium Sorbate ; Salt; Mono- And Diglycerides; Polysorbate 60; Xanthan Gum; And Vanillin)

Contains milk, wheat, soy beans, gluten

ASSORTED PIES

assorted classic pies

Nutrition Facts

Serv. Size: 1 Slice-Cut 8 (135g)



Amt Per Serving: Calories 390, Fat Cal 150, Total Fat 17g (26% DV), Sat. Fat 7g (35% DV), Trans Fat 0g, Cholest. 25mg (8% DV), Sodium 380mg (16% DV), Total Carb. 56g (19% DV), Fiber 2g (8% DV), Sugar 27g, Protein 4g, Vitamin A (20% DV), Vitamin C (25% DV), Calcium (4% DV), Iron (8% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Dutch Apple Pie (Dutch Crumb Apple Pie (Apples, Sugar, Wheat Flour, Vegetable Oil, Cream, Salt, Rolled Oats, Fractionated Palm Kernal Oil, Modified Corn Starch, High Fructose Corn Syrup, Partially Hydrogenated Palm Kernal Oil, Cinnamon, Soy Lecithin, Annatto Extract, Baked Soda, Corn Starch, Malic Acid, Soy Flour)), Pumpkin Pie (To Go) (Pumpkin Pie (Pumpkin, Wheat Flour, Malted Barley Flour, Corn Syrup, High Fructose Corn Syrup, Eggs, Palm And Soybean Oils, Skim Milk, Milk, Sugar, Salt, Spices, Cinnamon, Carrageenan, Modified Corn Starch, Dextrin, Sodium Triphosphate, Red Beet Juice, Carob Bean, Guar, Xanthan Gums, Sodium Acid Pyrophosphate, Baking Soda, Corn Starch, Monocalcium Phosphate, Mono- And Diglycerides, Polysorbate 60, Sodium Stearoyl Lactylate, Soy Lecithin, Vanillin, Soy Flour.)), Sweet Potato Pie (To Go) (Sweet Potato Pie (Sweet Potatoes, Skim Milk, Sugar, Wheat Flour, Malted Barley Flour, Palm, Soybean And/Or Cottonseed Oils, Palm Oil, Water, Soybean Oil, Salt, Mono-And Diglycerides, Artificial Flavor, Annatto, Calcium Disodium Edta, Eggs, Corn Syrup, High Fructose Corn Syrup, Modified Corn Starch, Salt, Natural And Artificial Flavors, Carrageenan, Sodium Acid Pyrophosphate, Baking Soda, Corn Starch, Monocalcium Phosphate, Spice, Dextrose, Mono- And Diglycerides, Soy Flour.)), Pecan Pie (To Go) (Pecan Pie (Corn Syrup, Wheat Flour, Malted Barley Flour, Eggs, Sugar, Palm, Soybean And/Or Cottonseed Oils, Pecans, Palm Oil, Water, Soybean Oil, Salt, Mono- And Diglycerides, Artificial Flavor, Annatto, Calcium Disodium Edta, High Fructose Corn Syrup, Salt, Natural And Artificial Flavor, Skim Milk, Sodium Acid Pyrophosphate, Baking Soda, Corn Starch, Monocalcium Phosphate, Modified Corn Starch, Carrageenan, Mono- And Diglycerides, Soy Flour.)), Lattice Top Apple Pie (Lattice Top Apple Pie (Apples, Wheat Flour, Sugar, Vegetable Oil, Water, Corn Syrup, Modified Corn Starch, High Fructose Corn Syrup, Salt, Cinnamon, Malic Acid, Xanthan, Carob Bean, Soy Flour)), Lattice Top Blueberry Pie (Lattice Top Blueberry Pie (Blueberries, Wheat Flour, Sugar, Palm, Soybean And/Or Cottonseed Oils, Corn Syrup, Modified Corn Starch, High Fructose Corn Syrup, Salt, Carob Bean, Xanthan, Citric Acid, Soy Flour.)), Lattice Top Cherry Pie (Lattice Top Cherry Pie (Cherries, Wheat Flour, Sugar, Palm, Soybean And/Or Cottonseed Oils, Corn Syrup, Modified Tapioca Starch, High Fructose Corn Syrup, Salt, Modified Corn Starch, Carob Bean, Xanthan, Soy Flour.))

Contains milk, eggs, wheat, tree nuts, soy beans, gluten

TRAIL MIX SNACK CUP

mixed nuts, raisins, candy-coated chocolate pieces & pretzels

Nutrition Facts

Serv. Size: 1 Snack Cup (184g)



Amt Per Serving: Calories 910, Fat Cal 490, Total Fat 55g (85% DV), Sat. Fat 10g (50% DV), Trans Fat 0g, Cholest. < 5mg (1% DV), Sodium 800mg (33% DV), Total Carb. 95g (32% DV), Fiber 11g (44% DV), Sugar 44g, Protein 20g, Vitamin A (2% DV), Vitamin C (2% DV), Calcium (10% DV), Iron (30% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Trail Mix (Mixed Nuts (Blanched And Unblanched Peanuts,Almonds, Cashews, Brazil Nuts, Filberts, Pecans, Roasted In Cottonseed And/Or Peanut Oil, Salt.), Seedless Raisins (Raisins.), Pretzels (Wheat Flour, Whole Wheat Flour, Honey, Sugar, Corn Oil, Salt, Ammonium Bicarbonate, Sodium Bicarbonate, and Malted Barley Flour.), Plain M & M's (Sugar, Chocolate, Cocoa Butter, Skim Milk, Milkfat, Lactose, Soy Lecithin, Salt, Artificial Flavors, Cornstarch, Corn Syrup, Gum Acacia, Red 40 Lake, Yellow 6, Blue 2 Lake, Yellow 5, Blue 1 Lake, Red 40, Blue 1, Dextrin.))

Contains milk, wheat, peanuts, tree nuts, soy beans, gluten